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## Lady Rockets going back to 'A' state tournament

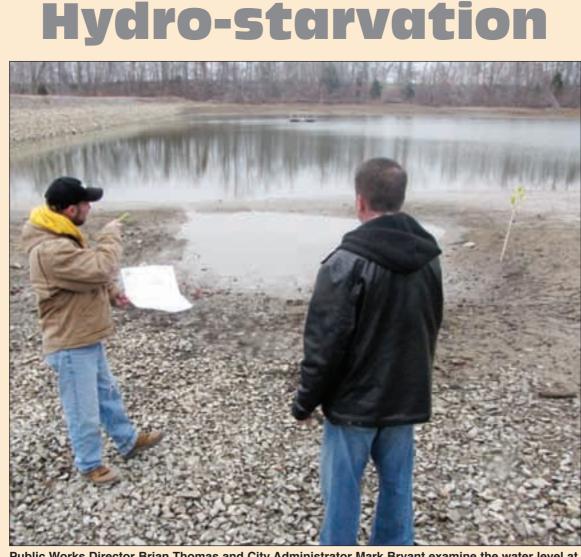
The Lady Rockets are going back to the Kentucky All A Classic State Tournament next week.

Crittenden County's girls' basketball team beat Lyon County in the Second Region All A Classic championship game Monday night at Rocket Arena. It was the Lady Rockets' fifth regional Class A title in 14 seasons.

The girls will play three-time Class A champion Lexington Christian at noon Wednesday, Feb. 2 at McBrayer Arena on the Eastern Kentucky University campus. See sports page for details.

## **Beatles coming** to Fohs Hall

Fohs Hall Community Arts Foundation has put together a show featuring songs from one of the greatest foursomes in history - the Beatles. On March 19, the Fohs Hall community center will host The Interactive Beatles Experience. Hyperion Productions of New York will present Yesterday and Today, a series of Beatles songs along with special lighting and set designs that is sure to harken the spirit of the 1960s. Reserved seating is \$25. General Admission is \$15. Season tickets will be honored as general admission. Call 965-5983 for reservations.



Public Works Director Brian Thomas and City Administrator Mark Bryant examine the water level at Lake George last week. The reservoir is the City of Marion's primary source of raw water, which is treated then piped to local residents. The lake is about 15 feet below normal pool, the lowest anyone remembers.

# Without big rains, city could face serious water issues



**Critic-al** acclaim

## Marion native makes national TV debut JERRITT HOVEY-BROWN

PRESS REPORTER Crittenden Countians may have

noticed a familiar face on stage during the nationally-televised Jan. 15 Critics Choice Awards.

#### **BY THE NUMBERS**

**Snapshot: Crittenden Kids** 

_
Here are some interesting statistics on
Crittenden County children:
2000 Population age 0-172,178
2009 Population age 0-172,008
2000 Population age 0-4509
2009 Population age 0-4554
2009 Population (White)1,945
2009 Population (Black)45
2009 Population (Hispanic)13
2009 Population (Other)5
2000 Population Living in Poverty670
2008 Population Living in Poverty570
Percentage of Children Eligible for Reduced
Meals at Public Schools (2000)41%
Percentage of Children Eligible for Reduced
Meals at Public Schools (2010)52%
SOURCE: 2010 Kentucky Kids Count Data Book

## **Meetings & More**

✓ Deadline for candidate filings for the May 17, 2011 primary was Tuesday. There are no local elections for the ballot in Crittenden County this spring.

#### **ON THE WEB** Press Online Poll

This week's poll on The Press Online asked readers to complete the following question: "Would you support the building of a sidewalk on Sturgis Road between the 88 Dip and Food Giant?" Here is what 438 respondents said:

#### Yes 358 (81%) No 54 (12%) Need more info 26 (5%)

Press office hours Weekdays 9 a.m., to 5 p.m. Visit The-Press.com 24-7 for updates on your local and breaking news





#### **BY CHRIS EVANS** PRESS EDITOR

Eddie Jack Myers doesn't remember the water level at Lake George being this low.

It's concerning for Myers and other city officials because that's where Marion gets raw water it treats and turns into drinking water for the city.

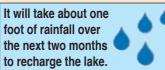
Myers has worked as an operator at the city's water treatment plant for almost 30 years, and he's concerned.

"The lake gets low every year, usually in the fall, but early winter rains usually fill it up by now, or close to it," Myers said.

Lake George is 15 feet below normal pool. There's only 12 feet of water left in the deepest parts of the 50-acre lake.

The situation has city leaders brainstorming for short- and longterm solutions.

'I'm not at panic level yet, but I did notify the Division Water about our concerns," said Public



Works Director Brian Thomas.

For now, city officials are considering buying water from the Crittenden-Livingston Water District to supplement the receding lake. There's also the option of drawing water from Old City Lake, but Thomas doesn't like that idea because the water is more difficult to treat.

"Right now, during the winter, it wouldn't be too bad," Thomas said. "But when it warms up, you have a lot of trouble treating it."

Chemicals, manpower and plant operating hours would spike if water from the old lake is used, Thomas explains. The problem is that the lake is too shallow. The best raw water comes from somewhere between six feet off the surface and six

feet from the bottom. Old City Lake is only eight feet deep.

"A better long-term solution might be to dig wells somewhere on city property near the plant," said City Administrator Mark Bryant.

A couple of months ago, the city commissioned a geological survey of old mining property behind the city maintenance garage. There's water there, the study found, but there's some anecdotal evidence that it's sulphur water (containing a high amount of hydrogen sulfide), which would also be very difficult to treat. Even if the water is good, it's about a mile away from the plant. A line would have to be installed to get it from the source to the plant on Chapel Hill Road.

Thomas says his concerns would be even greater at this point had it not been for the in-

See WATER/page 7

# **Alzheimers-type search** made easier with device

#### **BY JERRITT HOVEY-BROWN** PRESS REPORTER

It's always a frightening experience when a loved one is missing. It's even more distressing when the loved one suffers from a cognitive disorder such as Alzheimers, dementia, Down Syndrome and autism, making the search for them more difficult.

Finding a loved one who's wandered off or gotten lost can be a challenge. The stories don't always end with a safe return.

It was due to this risk that former magistrate Greg West dedicated more than two years searching for a way to keep one of his own relatives safe. After countless hours of research, West came across Project Lifesaver International, a non-profit organization that provides safety agencies with equipment and training on how to locate those with cognitive disorders after wandering off.

"When I found this group, I really started researching what they had to offer and discovered that there were federal grants available for this," West said. "That's when I made a few phone calls and started setting things in motion."

The program is currently in the implementation stage in Crittenden County.

Project Lifesaver uses a tracking device that is no bigger than a watch



band. It is placed on a person's wrist. Once the band is on, it can not be removed without a key. Using radio waves, the device is able to provide coordinates of the person if they are not where they should be. GPS technology would allow authorities to home in on the person very quickly.

With assistance from Project Lifesaver and an assistant EMT direc-

See **DEVICE**/page 7

Marion native Krista Floyd, 25. made her national debut as a trophy presenter, handing out awards to celebrities during the evening ceremony

For a little more than three years, Floyd has been doing print and commercial modeling for Elite, an agency with ties in Los Angeles, New York, Miami and Toronto. Floyd resides in Los Angeles. It was through her agency that she learned of the Critics Choice job.

A few days before the awards show, VH1 held a casting call for two trophy presenters. Elite sent Floyd to audition, and she landed the gig.

Even though the show was just a few days away, Floyd said it was pretty easy learning her role.

"My job was to hand out the awards and show the presenters and winners which way to exit the stage after their acceptance speeches,' Floyd said. "It was really fun and easy. I just had to put on a gorgeous dress, get hair and makeup done and hand out trophies."

The day before the event, Floyd picked out her evening gown and on the morning of the event, she went through a brief dress rehearsal. Afterwards, Floyd spent the day getting ready before taping started at 6 p.m.

Standing literally inches away from several celebrities, including Eva Mendes and Christian Bale, Floyd, characterized her assignment as a great opportunity.

"I was so excited to be able to do something like that," Floyd said. "The whole event was just a great experience. The only thing I was afraid of doing was falling, which I didn't, thank goodness. The only part I didn't like was having to stand in heels the entire night, but it was worth it."

Several friends and family who recognized Floyd on TV have sent messages via Facebook. Now that things have calmed down a bit, the 5-foot-9 brunette plans on resuming her normal modeling routine.

"I'm just going to go to castings every day and wait for the next job, she said. "I don't have any other big projects coming up but that can change at any time. So I'll just keep my fingers crossed!"

Floyd is the daughter of Kenny and Marcia Floyd of Marion.

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Gee Jays Store, Burna

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Salem Food Mart **Glenn's Prescription Center** Salem Pit Stop

# The Press News & Views

# Match America with other world powers

America's exceptionalism is unequaled in all of world history. One phase of it was matched by only one other power and that was Israel during King David's time. As America, David's Israel fought many battles with foreign enemies, and as America, she never fought to conquer, only to protect her own.

All other world powers before and since King David fought wars to subjugate the conquered nations, all except America.

As President Ronald Reagan reminded Europe at a speech in France, we did not come to conquer, only to deliver and then go home. All we ever asked from France was enough of their land to bury our fallen.

As far back as history takes us, all other world powers fought to overpower and to overrun.

Let us name some – the Assyrians, Philistines, Babylonians, Medo-Persians, Greeks, Romans, 10 invading kingdoms that came against the Roman Empire; Ottomans (Muslim), Spanish, Great Britain (Angelo-Saxon); French, Soviet Union, Germany, Japan and China.

We still have China and the radical Muslims dedicated to subjugate all the known world.

Every war we have ever been engaged in has been to protect our own interests and freedoms, never to take over and bring under our umbrella of control. All we have ever asked since our break from one of those imperial powers, Great Britain, has been to be left alone.

It angers me when the left – shamefully void of world history and deliberately of our own – from the White House down, calls us imperial and arrogant. Their ignorance! An empire is a government or people ruled by kings or dictators. We are a Republic. Powerful? Yes! Imperial? No!

Isn't it sad that our unnecessary dependence on Muslim oil has provided



many of their adherents the wealth to kill our people, and our system of welcoming immigrants is used by them to get to us?

It is also sad that our bad policies have driven us in debt to China, a dedicated enemy, to the tune of billions of dollars that they could call us on any time. Now China says the Dollar has seen its day and demands our Dollar be dumped and their Yuan be the global currency. That would destroy our economy and our way of life, making us as a third-world country and under their control.

We just want to be left alone, remain exceptional by making our own way, bettering ourselves and ours, helping everyone we can when in need, and defeating enemies of progressivism among us who are trying to destroy the America thousands of our people have suffered and died for.

When I went around the world, I went first class, yet many hotels we stayed in were fourth and fifth class. Some food shops were out in the open with raw meat hanging for sale. It was already putrid.

In many places, I walked around bodies on the main streets, people who had died during the night from starvation. I watched the barbaric, pagan practice on the Ganges River of burning bodies on pyres, called gynts. They were large round concrete tables with wood beneath and on top of the bodies. While burning, a relative poked and pushed until all was consumed.

In one of the countries we visited, the last fragment of bone was saved from a dead person. The bone was ground into powder, made into a paste and a member of the departed family was required to eat it then migrate to America and other countries. The plan was to reincarnate the departed for the propagation of the Buddhist religion.

The paganism, starvation, sin, stench, deprivation, backwardness and lack of freedom I witnessed those 10 weeks provided images in my heart that have caused me to grieve so over the thousands of our young who died in such horrible conditions, so we could keep our clean, affluent wonderful way of life, freedom of religion and make our own decisions in a wonderful country that they never got to come back to and enjoy.

Their sacrifice and others that still suffer, and my deep-seated passion that those coming after me will have the greatness I've had is what keeps both God and me working faithfully. It keeps me busy working the hate out of my heart for the left, progressive shadowy government that works in this country behind the scenes to bring America down. They want us under the control of the United Nations and to destroy our sovereignty by bringing on a one world government, which will deplete our freedoms. The monetary system China is seeking, which is her own, is just the tip of the iceberg.

This could not be happening if our people had not left God and become the immoral capital of the world.

Knowing this – and knowing that most Americans don't have a clue about our enemies within – keeps me awake at night in tears and prayer for God to wake America and bring its people to their knees in repentance. We need to realize truth of what is going on, and seek God's help. It's our only hope.

Rev. Tedrick is a Marion minister. She shares her views weekly in this newspaper. Her opinions are her own, and are not necessarily those of the newspaper.

# Area lawmakers earn spots on key committees

#### By DARYL K. TABOR PRESS CORRESPONDENT

Local farmers retain a particularly strong voice in state policymaking through the legislative committee assignments given Crittenden County's representation in Frankfort.

Meantime, veterans, hunters, miners, public employees and small business owners also hold onto a powerful pipeline to lawmaking through the same appointments.

Just two months after being re-elected by their constituents to new terms, Rep. Mike Cherry and Sen. Dorsey Ridley were reappointed by fellow lawmakers to leadership and committee posts, which each had previously held. The two-year as-

signments give the Democratic lawmakers an opportunity to screen important legislation before it heads to the floor – as a bill must be approved in com-

### Special Kentucky Legislative Report

made earlier this month during the organizational week of the legislative session. After a three-week recess, legislators return to Frankfort Tuesday to complete the 30-day session.

Topping the list of assignments, Cherry was reappointed chairman of the House's powerful State Government Committee. The body is charged with reviewing policy matters or legislation governing the General Assembly itself; most constitutional offices, including governor; state employees and their retirement system; administrative agencies; and more.

Entering his 13th year representing District 4 in the Kentucky House of Representatives, Cherry also retains his seats on the following committees:

following committees: •Veteran, Military Affairs ters. The committee also takes up issues related to public health, fire protection, food, drugs, sanitation and more.

•Agriculture and Small Business – Cherry's final assignment has oversight of policy relating to livestock and domesticated animals, crops and all other areas related to agriculture and the state's small business sector.

In addition to the committee posts, Cherry enters his second year as chairman of the West Kentucky Legislative Caucus, a collective voice for legislators representing the state's westernmost counties. The top post gives the Princeton legislator a bit more pull in government matters.

"It helps to give a voice and seat in a place where I might not have otherwise," mittees in the Senate:

•Agriculture – The upper chamber's version of the committee on agriculture functions much the same as its counterpart across the capitol building. Ridley's appointment to that post gives Crittenden County farmers a direct link to policy formation in both chambers of the legislature.

•Banking and Insurance – As a longtime banker, Ridley takes that experience to the committee managing state policy on banking, pawnbrokers and private credit matters, as well as issues pertaining to all forms of insurance.

•Natural Resources and Energy – This appointment gives the Henderson senator a seat in oversight of proposed laws regulating fishing, hunting, state and national parks, forestry, mining, resource conservation and environmental protection.

our area," Ridley said in a recent news release.

In the months between Kentucky's annual legislative sessions, Cherry and Ridley will retain positions on joint, interim versions of their session committees. On the State Government Committee, Cherry shares the chairman post with his Senate counterpart, Damon Thaver.

Finally, though he does not represent Crittenden County, a native of the county will chair the Senate's Education Committee. Ken Winters, a Murray Republican and former educator, was also appointed to the upper chamber's Economic Development, Tourism and Labor and Veterans, Military Affairs and Public Protection committees. He will also serve with Ridley on the Agriculture Committee.

The Crittenden Press will continue coverage of the general assembly each week until the session adjourns March 22. Former Press reporter Daryl K. Tabor will be acting as special correspondent during the session.

#### **Letters to the Editor**

Mother's trouble with fuel prompts call to Kentucky AG

wide vote is allowed.

"This is one of those intangible benefits you can't put your finger on," Cherry said of his committee appointments.

The appointments were

and Public Safety – Cherry's experience as a veteran of the Vietnam War and cap-

the Vietnam War and captain in the U.S. Navy gives him a unique perspective toward policy pertaining to all military and veteran mat-

's he said.

Meantime, Ridley, the previous chair of the 32member legislative caucus representing Crittenden and surrounding counties, will return to the following com"I am especially pleased to be renamed to the Natural Resources and Energy Committee because of the impact it could have on western Kentucky and the importance of the coal industry to

# Big Brother's reach stifles freedoms, but gathers up some cash Should we legislate wise behavior?

#### By DARYL K. TABOR

PRESS CORRESPONDENT The fine line between public safety and Big Brother grows ever dimmer in Kentucky and across the nation as government scrambles to save us from ourselves, expanding the reach of and load put on law enforcement.

On the highways, Kentuckians are already ordered to buckle up and put down the phone. Now, lawmakers are calling on us to put out our cigarettes both in public and inside the car. And those content to stay on the good side of the law might want to carry a copy of their birth certificate in order to prove citizenship and prevent being turned over to the Party.

Together, the trend in lawmaking seems to limit individual rights and call on police to carry the message. Each year, we edge a bit closer to a "1984" world, turning our cops into the Thought Police envisioned by George Orwell.

Aside from the Orwellian comparisons, laws governing personal choice place an undue burden on police to enforce rules that border on invasive, stretching alreadythin department budgets and putting cops in a position to make criminals of otherwise model citizens. Civil rights watchdogs fear such laws can open the door for profiling and potential

#### Guest Commentary

harassment of innocent civilians by authorities based on personal prejudices.

Even in the best of circumstances, it can be difficult for law enforcement officers to prove or even determine when the rules are being broken. Try checking for a buckled seat belt, texting and a lit cigarette as a car whizzes past at 55 mph.

Given a mandate to provide for public safety while maintaining a balanced budget, it's hard to blame lawmakers for exploring intrusive measures when they return to Frankfort next week to reconvene the 2011 General Assembly. The numbers – in federal dollars – for doing so will help keep Kentucky in the black.

In 2006, faced with forfeiting millions in federal money, Frankfort decided to make seat belt usage mandatory. The fed's ensuing \$11.2 million gift for the new seat belt law not only provided funding for safer roads, buckling up saved lawmakers an estimated \$40.9 million in Medicaid costs and avoided \$324 million in lost productivity due to injuries or loss of life.

Texting while driving costs the U.S. 6,000 lives and \$40 billion each year, so it was another easy choice by Kentucky lawmakers last year to legislate common sense practices like putting down the phone while driving. With that, we stay safer on the highways from poor human judgment, and legislators are left with a few extra bucks to spend elsewhere, courtesy of Uncle Sam.

And Kentuckians who choose to undertake the unhealthy habit of smoking cost the state an estimated \$487 million in annual Medicaid expenditures. With that half-billion-dollar hole to fill, we leave budget-makers few choices. Doing away with Medicaid is political suicide, so all that is left is to vilify smokers and make tobacco so unattractive that we put down the cigarettes.

To do so, tobacco taxes have already been raised twice in five years. In the current legislative session, proposed laws to prohibit public smoking statewide and punish parents who smoke in their car with children in tow have been introduced. Kentucky House Speaker Greg Stumbo introduced the latter after he and his wife witnessed a couple crawl into their car on a cold winter's day with cigarettes ablaze. Problem was, the couple's children were in the back with little choice but to endure dangerous secondhand smoke.

Another bill already passed by the state Senate this year would clamp down on illegal immigration, which is estimated to cost the country a collective \$113 billion each year. Illegals tend to work for less and are low-maintenance employees, which keep down the price of strawberries, orange juice, tomatoes and even tobacco. Though we enjoy the fruits of their labor, we are left to pay for things like their education, medical bills and in some cases, legal fees.

The law, which would "allow for determining the immigration status of a person on reasonable suspicion," is designed to punish both illegals and those who employ them. Reasonable suspicion is not defined.

Certainly, lawmakers are not setting out to become Big Brother. But if our selfpolicing does not yield better results, expect more government policing. The high price for our continued mistakes and apathy toward affairs of the state could be paid for with more than our own money – it could cost us our individual freedoms.

Daryl K. Tabor is a former reporter for The Crittenden Press and Kentucky New Era in Hopkinsville. He is acting as special correspondent during the current Kentucky legislative session. His opinions are his own, and do not reflect the opinions of The Crittenden Press.

to the Editor:

I would like to thank Liberty Fuels of Marion and the Kentucky Attorney General's office in Frankfort for helping my mother get fuel when the temperature was so cold in December.

Before the snow storm hit on Dec. 12, 2010, my mothe,r who is 77 years old, called another propane provider in Crittenden County four times and told them she was almost out of gas. She ran out of gas and sat for four days without heat because the propane company would not deliver fuel she had already paid for. I started calling to see if I could get her fuel delivered. It took over an hour for someone to answer the phone. When they did answer, I got a run-around. I tried to reach the regional manager for several hours and kept getting an answering machine.

Still not getting anywhere, I called the Attorney General's office in Frankfort. I talked to a woman there and shortly thereafter the company delivered my mother's fuel. Since this has happened to my mother, I have heard that several citizens in the county had problems getting fuel during that period, some of which was prepaid.

If you have a problem with this issue, I recommend calling the Attorney General's office at (502) 696-5433 and see if they can help you.

Valerie Brantley Hillsboro, Mo.

## **Stay in Touch with Frankfort**

With Your Elected Officials

•A taped message containing information on legislative committee meetings is available by calling (800) 633-9650.

•To leave a message for a legislator, call the General Assembly's toll-free Message Line at (800) 372-7181. People with hearing impairments may leave messages for lawmakers by calling the TTY Message Line at (808) 896-0305.

You can also e-mail them at

dorsey.ridley@lrc.ky.gov mike

mike.cherry@lrc.ky.gov

The Crittenden Press

USPS 138-260 125 E. Bellville St P.O. Box 191 Marion, KY 42064-0191 270.965.3191

Open weekdays from 9 a.m., to 5 p.m. www.the-press.com thepress@the-press.com

Editor	and	Publisher
Chris	Eva	ns
thepre	ss@	the-press.com

Operations Manager Gina Brown information@the-press.com

Sports Writer Chris Hardesty thepress@the-press.com Reporter Derek McCree newsroom@the-press.com Advertising Manager Allison Evans advertising@the-press.com

Graphic Design Brian Hunt graphics@the-press.com Reporter

Jerritt Brown pressnews@the-press.com

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## Highfil gets nod from congressman to enter USAFA

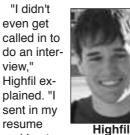
Jesse Highfil knew at an early age he wanted to become a pilot when he grew up. With the recent recommendation made by Congressman Ed Whitfield, Highfil has applied to the United States Air Force Academy.

Highfil, a senior at Crittenden County High School, is trying to make his own path into the Academy by competing for admission along with thousands of other students across the country. His brother, Jake Highfil, is currently a senior at the Air Force Academy.

Highfil's parents said it was

Jesse who first showed interest in the military, not his older brother who has paved a path to the Academy.

"Mom and dad said I was interested in the Air Force before Jake was," Jesse Highfil said. "We took a trip when I was in kindergarten to Colorado Springs and I got to fly in a plane and decided right then I wanted to be a pilot." Being accepted into the academy is a prestigious honor. Each U.S. senator and representative may have a maximum of five charged cadets or midshipmen at each service academy at any given time. Highfil received his letter of recommendation after sending in his resume to Congressman Whitfield. Highfil's resume was all it took for the Congressman to be persuaded.



and I got a letter in the mail one day telling me I received my nomination and congratulations."

With the nomination Highfil will join a very small fraternity of Crittenden Countians who have been able to attend one of the five elite service institutes in the United States. Brandon Carlson, a Crittenden County native and West Point graduate, and his brother, Jake Highfil, are the only others, according to local observers.

Typically over 4,500 candidates receive a nomination, but only 1,300 of them complete the mission and enter the academy each year, according to the U.S. Air Force Academy admissions office. Students must be of good moral character, and are evaluated on academic and ex-

**Domestics** 

**Cases opened** 

**Assist Marion PD** 

**Assist KY State Police** Assist other agencies

Vehicle inspections

**Road safety checks** 

**Transport prisoners** 

**Cases closed** 

Court hours

**DUI arrests** 

Miles patrolled

Protective orders served

Non-injury accidents Injury accidents

tracurricular and physical fitness criteria

Highfil is currently playing out his senior season on the Rocket basketball team and has a 3.7 grade-point-average. He is working at getting all of his paperwork completed to send in to the Academy and will finish his physical fitness assessment with former U.S. Army Ranger Denis Hodge, who teaches and coaches at the high school

From the physical fitness perspective, Highfil is a step ahead. Last summer he attended a basketball camp held at the Air Force Academy in Colorado. His team won the camp championship by beating a local team of high school players who had gone undefeated all week during camp. Highfil also placed in the top three at the camp finals in the hot shot, one-onone, and free-throw shooting competitions.

Highfil and his parents expect to find out in April if he has been accepted as a cadet into the Academy. From his parents' perspective, Hugh

21

45

79

47 36

12

45 57

43

138

19

73

443

2

48,964

and Sheila Highfil are very proud of their two sons.

"We as parents have always pushed our boys to do their best and it speaks well for them and Crittenden County that he got the nomination," his mother said. "It is such a big honor. We are just really proud of him and proud that he wants to serve and protect our country."

## Shewcraft chosen student of week in Marshall County

Erika Shewcraft was recently chosen to be the Com-

munity Financial Services Bank Student of the Week. She is a senior at Marshall County **High School** Shewcraft with plans to attend Murray

State University to pursue a nursing degree. Shewcraft is enrolled in a

health careers class which has given her the opportunity to volunteer at Britthaven Nursing Home and the emergency room at Marshall County Hospital. These opportunities have reinforced her plans to be a registered nurse. Eventually, she would like to return to a high school and teach a health careers class and get students like herself excited about the medical field.

Shewcraft is the daughter of Eric and Teri Shewcraft of Marshall County and the granddaughter of John and Jerilyn May of Marion.

## **Press looking for** items to spotlight

Has someone in your family recently received an honor, gotten a promotion, started a new job, earned a degree or joined a group or organization? We'd like to share your news with our readers.

Send Spotlight Items to thepress@the-press.com



Stephanie Sunderland of Marion was one of the first to get the new license plate for her Nissan Altima.

### In God We Trust plate now standard issue

When renewing license plates in the State of Kentucky, residents now have two choices on standard issue plates. The "Unbridled Spirit" license plate will still be available but as of Jan. 11, the Kentucky Transportation Cabinet is offering an almost identical plate that bears the national motto, "In God We Trust.'

For two years, the transportation cabinet has been tinkering with the design.

"The cabinet has been working on the new plate for a long time and we're excited to finally be able to offer it." Crittenden County Clerk Caroline Byford said. "We've had several people asking about them and they're finally here." Since the new plate is a standard issue, there is no additional fee like specialty or vanity plates. Renewal fee is \$21 and Byford says if a person would like to swap the plates before their time to renew, they can do so for only \$6. However, that doesn't replace the required renewal. "If their renewal date is November and they swap out in May, they'll still have to renew their plates in November," she said. "All they're paying \$6 for is to swap out the plates."

Sheriff's Department A	ctivity
Here is an activity report for the Criti	tenden County She
iff's Department reflecting information	from 2010, which
was provided by Sheriff Wayne Agent	
CATEGORY	2010
Complaints	792
Arrests	226
Traffic stops	96
Citations	417
Summonses served	297
Warrants served	274
Subpoenas served	355
Civil summonses served	306
Juvenile summonses	109

**Area News Briefs** 

require medical attention. Police say their investigation found no provocation by the teens.

### Loud music prompts drug charges against man who left truck

Loud music from an unattended vehicle led to the arrest of a Marion man on various charges.

James Douglas Jones, 46, is charged with public intoxication; possession of a controlled substance (methamphetamine); possession of drug paraphernalia; carrying a concealed deadly weapon; having a controlled substance not in the proper

tennis courts, a soccer field and additional picnic areas. Salem Mayor Rell Peck hopes to begin soon excavating the site for phases one and two.

The community park will be located just west of downtown, off U.S. 60 between Salem and the Tambco Convenience Center.

### Two charged with taking culverts, etc., from county yard

Two men face felony theft and trespassing charges after police discovered them allegedly trying to steal culverts and other metal material from a county storage area on Arrow Lane. Daniel K. Counts, 28, and

Alliance says the Warrior mine employs 381 workers and produced nearly 6 million tons of coal last year.

### More snow means highway crews will have less salt to use

Kentucky Transportation Cabinet highway crews in District 1, which includes Crittenden and Livingston counties, received a delivery of 5,000 tons of road salt this week to bolster local supplies. However, due to a national tightening of supplies, crews will be working in "conservation mode" until local inventories are restored to near normal levels, said Keith

# Kentucky prison having trouble getting lethal drug grams of the fast-acting

tion

after

trum

tomer

of

State tries to buy drug in Fredonia

#### BY BRETT BARROUQUERE ASSOCIATED PRESS

Amid a nationwide shortage of a lethal injection drug, documents obtained under a freedom of information request show two pharmaceutical companies declined to sell Kentucky a supply of the sedative.

The state e-mails obtained by The Associated Press show one firm, KRS Global Biotechnology of Boca Raton, Fla., explained its refusal by saying there was no doctor involved in the purchase of sodium thiopental, even though Kentucky law bars physicians from being involved in administering executions.

No reason was given in the

sedative, enough to conduct eight executions. But in July, Spectrum called off the deal. State officials wrote in e-mails that the cancella-

came Specfound out the cuswas Parker

the Kentucky Department Correc-

tions, not a hospital or clinic, as listed on the department's federal license allowing the drug purchase.

A pharmacist at Fredonia Pharmacy Corner, an outlet 15 miles from the prison that the state used to buy other drugs, offered to order the sodium thiopental for Kentucky as long as he could tack on a 15 percent markup. Spectrum rejected the order, saying they don't sell to pharmacies. The state penitentiary's Parker specu-

lated that Spectrum figured out why the department wanted the drug. "Bottom line is, they are not going to sell to anyone or any entity associated with us," Parker wrote on July 19 to Kentucky Corrections LaDonna Commissioner Thompson. Brad Ashby, a former pharmacist at Fredonia Corner, Pharmacy told Parker in an e-mail that Spectrum initially had no issues with selling the drug to him. "I made it clear to Spectrum on Friday that we were a pharmacy and they did not say that they couldn't sell to us," Ashby wrote on July 19. "In fact, 'pharmacy' is a choice on their application."

With the release of the new design, it marks the first time ever that Kentucky has offered two standard-issue plates.

### Man faces assault charges for allegedly beating up teens

A 20-year-old Marion man was arraigned Wednesday morning in Crittenden District Court for allegedly assaulting three juveniles walking alone on a city street New Year's Eve.

Police have charged James Dustin McConnell with three counts of fourth-degree assault. Court records say that McConnell is suspected of using his fists to assault three teens, ages 12, 13 and 14 during a confrontation at Moore and Elm streets at 8 p.m., Dec. 31.

Police reports say witnesses told them that McConnell was riding in a white car with two others. The car stopped near the boys and McConnell got out and began assaulting them. Lt. Marty Hodge was the investigating officer. The police report says the 12vear-old was struck in the left ear and forehead and was taken to Crittenden Hospital's emergency room for treatment. The two other boys were also struck, but did not

container: and third- and sec ond-degree drug possession charges.

Court records show that a complaint was received by police after 10:30 p.m., Wednesday, Jan. 12. Officer Bobby West was dispatched to the scene at Bellville Apartments where he found a pickup truck running with loud music coming from inside. No one was around. The truck had apparently been there for between 45 minutes and an hour, the report said.

After locating the owner, West found a large hunting knife concealed in the small of his back and under his shirt. He found what is believed to be a meth pipe in a bag behind the man's belt and what was believed to be hydrocodone and valium in his pocket.

### Salem is planning \$1.8 million park west of downtown

Salem City Council discussed moving ahead on a Community Park development during its regular monthly meeting last week.

The ambitious plan calls for a three-phase construction project that will cost about \$1.8 million. The project has been on the table for quite some time, and council members hope to kickstart development through an application for a Land and Water Conservation grant.

Salem has applied for state and federal grants in the past, but has been denied in recent attempts.

Phase one of the park would be the most expensive, since it will include a community center, commercial building and a parking lot.

Basketball courts and a picnic pavilion are part of phase two. A walking trail that will encircle the park is the major part of phase three. Also in phase three, are plans for

James Michael Sitar, 31, both of Marion are charged with theft by unlawful taking and second-degree trespassing. Police discovered their pickup stuck in the mud near the old county dump site, where road department crews had been storing a variety of materials, including culverts and Ibeams taken from bridges. The materials had been salvaged by the county for use in repair projects later on. It was not new material.

County-Judge Executive Perry Newcom said the material may have appeared to be scrap, but it had great value for the county and an intended use.

The suspect had allegedly already taken one load off and sold it to a salvage yard in Clay for \$489.54.

### Mine gets going again after blast

Mining operations resumed last week at a western Kentucky mine where workers drilling on the surface hit an underground gas pocket that sparked a fire.

Workers at the Warrior Coal mine in Hopkins County returned to mining Wednesday, Jan. 19. A statement from Tulsa, Okla.-based Alliance Resources Partners, owner of the mine, says the company worked with federal officials and sealed off the affected area of the mine.

The fire started a week earlier at a surface drilling site and shot flames more than 30 feet into the air, fueled by the gas pocket. The blaze was put out Jan. 14.

Two workers, including Eddie Perryman of Marion, suffered burns and were taken to a hospital. Perryman was treated and released. The other worker was kept for a time, but later released from the hospital.

lodd, spokesman for the de partment of highways.

Highway crews in the 12 counties of District 1 plan to focus treating efforts on "A" Snow Priority Routes for the next week or two until salt inventories recover from a spike in demand nationwide.

"Last week the Weather Service reported snow on the ground in 49 of the 50 states," said Todd. "That means a lot of states that normally use minimal amounts of salt were consuming in large quantities. That has apparently put a strain on the supply system."

Highway crews check inventories regularly. After a snow event they immediately order new stocks to replace what they've consumed. Generally, those supplies are restocked in a week or two. Todd says in recent weeks, deliveries have taken longer to come in and have arrived in smaller quantities that ordered.

"We've had salt suppliers indicate they would have a barge load available in a day or two. When we didn't get a timely delivery, our people would check and again be told a barge would be available in a day or two. Our salt supplies took a hit last week when crews had to increase application rates to offset temperatures down in the low teens, further diminishing inventories," Todd said.

According to the Salt Institute, an industry trade group, highway agencies nationwide use an average of about 16 million tons of salt per year to clear snow and ice from roadways. Consumption has been above that the last two vears.

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e-mail traffic between state officials and pharmacists for a canceled order from the other company, Spectrum Chemical and Laboratory Products of Gardenia, Calif. A Spectrum official told the AP the order was scrapped when it sold that part of its business last year.

At least seven other states that use sodium thiopental for lethal injections have had trouble in recent months finding enough of the drug, whose main U.S. manufacturer has cited supply problems. The shortage has not delayed any executions in Kentucky because they have been on hold since a judge's order in September over an unrelated issue.

The Kentucky e-mails are the first public record of companies declining to sell the drug to states for executions.

They show a massive search for any stock of unexpired sodium thiopental. Kentucky prison officials contacted more than two dozen states, more than a half-dozen chemical companies and even the federal Bureau of Prisons. Kentucky also couldn't find any states willing to share their limited supplies, even after giving Ohio three of the six grams it needed for an execution in June.

"I am beginning to think drug companies and suppliers are not real happy to have to supply us for this use," said Phil Parker, warden of the Kentucky State Penitentiary, who is a Crittenden County resident. The comment was made in a July e-mail.

Kentucky started searching for sodium thiopental in January 2010, about six weeks after the state Attorney General's office asked the governor to set execution dates in three cases.

By June, it had focused on Spectrum Chemical as the only company with the drug in stock. The state placed an order with Spectrum on June 14 for 50

Ashby declined to comment last week for this story.

Julie Berryman, president of Spectrum's West Coast division and general counsel, told the AP the company takes no stand on the drug being used for executions. Berryman said the contract with the Kentucky prisons was part of the company whose business was sold to another firm last year and that sale meant the order had to be canceled.

"We're a business," Berryman told The Associated Press. "We would never decline a sale for political reasons.

Kentucky then negotiated a \$16,000 order with KRS-GBT in September to cover enough of the drug for six executions, but the deal fell through because the company insisted that a doctor take part in the acquisition, said Jennifer Brislin, a spokeswoman for the Kentucky Justice Cabinet.

Having a doctor participate in buying the drug could have violated state law, which forbids physicians from having a role in an execution.

"The Department of Corrections couldn't comply with that request," Brislin said.

KRS-GBT did not return messages from the AP seeking comment.

### **Obituaries**

## Johnson-Hoyne

Johnson-Lou Hoyne, 80, died at Tuscany House in Summerfield, Fla., Sunday, on

Jan. 16, 2011. She was born in Marand ion moved to Florida in 1978. She was of Pente-

costal faith and worked in mobile home sales for 20 years. Surviving are her hus-

band, Gary Hoyne of Summerfield; son, Richard and wife Jayne Johnson of Summerfield; daughter, Victoria Rose and husband Tim Jansen of Gainesville, Fla.; daughter-in-kind, Meredith "Misty" Smith of Gainesville; brother, Robert "Buddy" York of Marion; sister-inlaw, Billy York of Providence; grandchildren, Josh Johnson, Chris Jansen, Matthew Daugherty, Brittany Rose Daugherty, Stephanie McPherson, Amanda Jansen; greatgrandson, Colby Jansen; cousin, Shelby Jean Croft of Marion; and many nieces in Kentucky.

Graveside services are Friday, Jan. 21 at Belleview Cemetery in Florida. Hiers-Baxley Funeral Services in Summerfield was in charge of arrangements.

## Cosby

James Hubert Cosby, 83, of Burna, died Tuesday, Jan. 18, 2011 at Western Baptist Hospital.

He was a member of Burna Baptist Church, a farmer and he also loved to coon hunt.

Surviving are his daughter, Connie Chittenden of step-daughters, Burna; Shirley Pipes, Helen Ray, Earlene Rice, Martha Wallace and Brenda Joyce; brother, Franklin Cosby; six grandchildren; seven stepgrandchildren; 13 greatgrandchildren; nine step-great-grandchildren; two step-great-great grandchildren.

He was preceded in death by his wife, Thelma Louise Cosby; a son, James Allen Cosby; and two brothers, Wilson Cosby and Harvey Cosby. He was the son of James Roy and Ethel Quertermous Cosby. Services were at 2 p.m., Friday, Jan. 21, at the chapel of Boyd Funeral Directors in Salem. Burial was at McMurrav Chapel Cemetery.

Turley; and three brothers. were weames day, Jan. 26 at Boyd Funeral Directors. McDowell's family chose cremation.

Bro. Michael Birk officiating. Burial was at Hampton (Nunley) Holley.

She was an avid quilter and loved children.

Memorials may be made to St. Jude Children's Hospital c/o of Boyd Funeral Directors, P.O. Box 26, Salem, KY 42078.

## Osborn

Cemetery.

Annie Louise Osborn, 95, of Evansville, Ind., died Friday, Jan. 21, at Angel Rivers Nursing Home, in Evansville.

She worked in Detroit from the mid 1930s until World War II. During the war, she worked in Cleveland at Parker Appliance Company making parts for Norden Bombsight. the After the war, she worked at Chrysler in Evansville, and then 28 years for Shane Uniform Company.

Surviving are a son, Don Doyle and wife Marilyn of Evansville; grandchildren Rayna Doyle Prettyman and husband Troy of Mt. Carmel, Ill.; Kent, Sherri, and Sonya Doyle, all of Evansville; stepdaughters, Opal Hobbs and Jewel Deal of Arkansas; stepson Billy Joe Osborn of Arkansas; four great-grandchildren; several nieces; and one nephew.

Osborn was preceded in death by her husband. Quinn Osborn; a son, Jack Doyle; two sisters, Bethel Lytton and Erma Hall; two Phyllis Lytton nieces, Haynes and Wanda Hall Billings; and parents, Lacy and Lucy Waters Henry.

Services were Monday, Jan. 24 at the chapel of Boyd Funeral Directors in Salem with the Rev. Randy Beals officiating. Burial was at Dyer Hill Cemetery.

## **McDowell**

Dora Jean McDowell, 75, of Salem, died Saturday, Jan. 22 at her home in Salem.

Surviving are four sons, Stanley McDowell of Salem; Jim McDowell of Covington, Tenn.; Chris McDowell of St. Louis, Mo.; and Bob Mc-Dowell of Arnold, Mo.; seven grandchildren, Andrew, Perry, Brad, Jamie, Marvin, Jonathon and Mike; and four great-grandchildren, Jaliya, Eryn, Logan and Lucas.

She was preceded in death by a son, Johnny Wayne McDowell; her parents, Marvin and Elizabeth

ley and the late Josie Irene

Surviving are her two sons, Steve Freeman of Benton and James Michael Freeman of Marion; a stepchild, Jackie Ray Willie of Benton; two grandchildren, Rebecca Long and husband Timothy and Sarah Young and husband Nathan; three step-grandchildren; three great-grandchildren, Blake Long, Lindsey Long and Travis Long; and three sisters, Louise Nunley, Bobbie Wetherington and Betty Hickman, all of Metropolis, Ill

Willie was preceded in death by her first husband, James "Jimmy" Freeman; second, husband J.T. Willie; and one sister, Novella Wetherington.

Graveside services were Wednesday, Jan. 26 at Fairdealing Cemetery in Fairdealing with Wade Gillespie officiating.

Collier Funeral Home in Benton was in charge of arrangements.

## Joyce

Glenn Eugene Joyce, 61, of Marion died Sunday, Jan. 23, 2011 at Lourdes Hospital in Paducah.

He was a coal miner, served in the 槲 Kentucky National Guard and was a member of Pleasant Baptist Grove Church.

Surviving are his wife, Donna Joyce of Marion; sons, Jeff and Kevin Joyce, both of Marion; a daughter, Laura Beard of Marion; brothers, Jimmy Joyce of Nashville, Tenn., and Donald Joyce of Henderson, Ky.; and nine grandchildren.

He was preceded in death by his parents, Herbert and Lena Bebout Joyce.

Graveside services are at 1 p.m., Thursday, Jan. 27 at Crowell Cemetery in Crittenden County. Myers Funeral Home was in charge of arrangements.

Memorials may be made to the Ronald McDonald House, 618 Marion Road, Princeton, KY 42445.

## Doom

Larry Pace Doom, 58, of Salem died Saturday, Jan. 22, 2011 at his home.

Doom was the son of the late Lawrence and Anna

# **Appeals court rules on issues** in Hargis vs. Board lawsuit

The Kentucky Court of Appeals has ruled on matters regarding the lawsuit filed against the Crittenden County Board of Education by former school superintendent Fredericka Hargis.

On appeal since September 2009 was Crittenden Circuit Court's denial of a request by the school board for summary judgement. The board of education had claimed sovereign immunity, a protection branches of government have while acting in their official capacity or function.

At question was whether the school board is immune to liability from state and federal legal action in the matter.

The three-judge panel of the Appeals Court reversed the lower court's decision on the state issues, but affirmed it on the federal issue and remanded it to Crittenden Circuit Court. In essence, the appellate

judges found that Hargis has no legal grounds to continue the case based on state law: however, her claims of federal civil right infringement may continue.

Hargis was fired in 2004 after being charged with wanton endangerment for running over a woman's foot in a parking lot of a local beauty shop. She filed suit in 2005, claiming wrongful termination and breach of contract. Part of her suit relies upon a broad federal law, 42 U.S.C. 1983, as a cause of action against the board. Hargis claims that her civil rights were violated by the board's decision to fire her.

The case has moved slowly through the court system and now almost seven years after she was fired, it's unclear what will happen next.

Either or both sides could appeal to the Kentucky Supreme Court.

Because the Appeals Court reversed Judge Stephen Hayden's decision for summary judgment on the state claims, it could call into question the jurisdiction of the remaining tenants of the lawsuit.

Jennifer Sacharnoski Nelson, attorney for Hargis, said no decision has been made as to what do in reference to this appeals courts' ruling.

"It did not close the door on our cause of action," said the Princeton attorney.

Calls to Bob Chenoweth, legal counsel for the school board, were not returned.

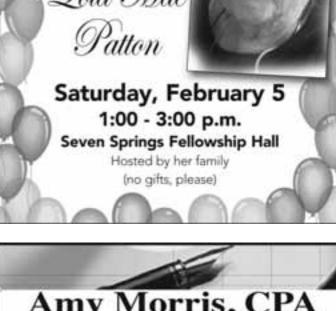
Judge Hayden is also expected to rule very soon on a separate case involving a defamation claim by Hargis against several residents of Marion. The attorneys for the individual defendants have asked the judge to dismiss the case for lack of prosecution. It too has been in the court system since early 2005.

Blood giving Please be our guest down due to as we celebrate the 90th Birthday of cold weather Lola Mae Severe winter weather throughout much of the eastern half of the United States in recent weeks caused the cancellation of more than 14,000 blood and platelet donations through the American Red Cross, with around 1,000 donations lost in the region. The severity of the impact is stressing even the Red Cross' robust national inventory management system, which can move blood products to where they're needed most. Local residents can help by giving blood at the Marion Ed-Tech Center from 11 a.m., to 6 p.m., Monday,

"We have not seen the January supply drop this dramatically in a decade and we need to reverse this now." says Tim Ryerson, CEO of Tennessee Valley Region. "Donating blood or platelets now helps ensure immediate and future patient needs will be met."

Feb. 4.

The Red Cross urges all eligible donors in unaffected





## Wring

Conrad R. Wring, 81, of Marion, died Tuesday, Jan. 18, 2011 at Western Baptist Hospital.

He attended Salem Baptist Church, was a member of Salem Masonic Lodge 81 and a Mason for over 50 years. He was also a member of American Legion Post 217.

Surviving are his wife of 54 years, Sue Wring of Marchildren, Glenda ion: Barnes of Marion, Kirk Wring and wife Crystal of Portage, Ind.; and Sandy Ethridge and husband Fred of Vienna, Ill.; sisters, Lois Gill of Paducah, Helen Black of Crown Point, Ind., Dottie Vaughn of Paducah and Kay Coberly of Keoku, Iowa; grandchildren, Amber Long, Valerie Bowers and Eric Wring; great-grandchildren, Adrian Long, Audrey Long, Baileah Barnes and Chloe Wring.

He was preceded in death by a brother, W.C. Wring. He was the son of Conrad Reginald Wring Sr., and Effie Coleman Smith Wring.

Services were Friday, Jan. 21 at the chapel of Boyd Funeral Directors in Salem. Burial was at Salem Cemetery.

## Day

Kathryn Lee Day, 87 of Hampton died Thursday, Jan. 20, 2011 at Salem Springlake Health and Rehabilitation.

Surviving are one grandchild, Chandra Ladd of Gilbertsville; and three sisters, Alice Walker and Grace Sorrell, both of Hampton, and Ruby Peck of Smithland.

She was preceded in death by her husband, Neal Day; a son, Jackie Dickerson; two brothers; and one sister

Services were Saturday, Jan. 22 at the chapel of Boyd Funeral Directors with

## Whitworth

James B. Whitworth, 73, of Salem, died Saturday, Jan. 22 at Livingston Hospital.

Surviving are his wife of 32 years, Marie Whitworth; four children, Debra Lopez, Denise Heath, William Whitworth and Rachelle Mott; and four brothers.

He was preceded in death by his parents, William Arthur Whitworth and Nellie Jones Whitworth.

There were no services. Boyd Funeral Directors was in charge of arrangements.

## Johnson

Robert Johnson, 84, of Salem, died Sunday, Jan. 23, at Salem Springlake Health of Rehabilitation Center.

Arrangements are incomplete at this time at Bovd Funeral Directors.

## Morrison

William Morrison, 65, of Princeton died Monday, Jan. 24, 2011 at Princeton Health and Rehab.

He was preceded in death by his father, LaRue Morrison; and mother, Gracie Pearl Downs.

Services are at 11 a.m., Thursday, Jan. 27 at Gilbert Funeral Home in Marion. Burial will be at Mapleview Cemetery. Friends may call from 9 a.m., until service time Thursday at the funeral home.

## Willie

Martha Kathryn Willie, 86, of Hardin, Ky., died Friday, Jan. 21, 2011 at her home.

She was a homemaker and a member of the Benton Church of Christ.

She was the daughter of the late Henry Marvin Hol-

Pace Doom.

Myers Funeral Home was in charge of arrangements.

## Krone

Clifford Dale Krone, 79, of Marion died Monday, Jan. 17, 2011 at Crittenden Hospital.

He was retired from the United States Air Force.

Surviving are his wife, Shirley Conrad শ Krone of Marion; son, Michael Adams of Beloit, Wisc.; daughters, Barbara Livingston of Buena Vista, Co., and Rebecca Krone, San 🕌 Diego, Calif.; three grandchildren; and great-grandone child.

He was preceded in death by his par-Grover and ents. Margie Campbell Krone.

Services were Wednesdav, Jan. 26 at Mount Olivet Funeral home in Fort Worth, Texas. Burial was at Mount Olivet Cemetery. Myers Funeral Home was in charge of local arrangements.

#### **Online condolences**

may be offered at gilbertfunerals.com boydfuneraldirectors.com myersfuneralhomeonline.com

Obituaries from 1999 to 2010 are archived and available to the public free of charge at The Crittenden Press Online. View our searchable database of past obituaries at www.The-Press.com

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American Red Cross-

good

**Geraldine Shouse** 

County Representative

965-3980

neighbor.

areas to make an appointment to give blood or platelets in the coming days, and those in affected areas to donate as soon as travel is deemed safe, by calling 1-800-RED CROSS (1-800-733-2767) or by visiting redcrossblood.org.

Donations will help replenish the Red Cross blood supply to ensure that blood products are readily available.

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## **Outdoors & Agriculture**

#### NRCS offers sign up period for grassland reserve

The Natural Resources Conservation Service in Kentucky is accepting applications for the Grassland Reserve Program (GRP). Although GRP applications are continually accepted, the application ranking cutoff date for 2011 is March 31. Applications received after that date will be deferred until the next ranking cycle. The Grassland Reserve Program is a voluntary program offering landowners and operators the opportunity to protect grazing uses and related conservation values by conserving and restoring grassland resources. The focus of GRP in Kentucky will emphasize preservation of native and naturalized grasslands and protection of grazing operations with excellent land management practices. Easement offers that enhance or establish native grasses will receive ranking preference for easements, while rental offers that exhibit proper grazing use will receive ranking preference for rentals. The compensation portion of the Food, Conservation, and Energy Act of 2008 for GRP authorizes easement compensation based on the fair market value of the land, as determined by an appraisal or an area-wide market analysis or survey, which takes into account the grassland value, and is limited to a geographic cap or the landowner offer. GRP rental contracts provide selected landowners and operators to receive annual payments to maintain or restore grassland functions and values for the length of the contract. All participants in GRP are required to implement a grazing management plan which will be developed in conjunction with NRCS. Eligible land for GRP includes grasslands for which gazing or having is the predominant use, or land that has been historically dominated by grassland, forbs, or shrub land Restoration for land enrolled in GRP has a maximum cost share rate of 50 percent. Additional program information is provided on the NRCS Kentucky Web page: ky.nrcs.usda.gov/programs. Scroll down to Grassland Reserve Program. Interested landowners and operators should contact Larry Starr, NRCS District Conservationist at 965-3921, extension 3 in Marion or 988-2180, extension 3 in Salem or emailed at larry.starr@ky.usda.gov.

#### Ag investment disclosure reporting required

The Agricultural Foreign Investment disclosure Act of 1978 (AFIDA) requires any foreign person who acquires or transfers any interest other than a security interest in agricultural land to submit a completed form FSA-153 to the Secretary of Agriculture not later than 90 days after the date of acquisition or transfer. The information required by the Secretary should be reported on form FSA-153. Copies of this form are available at the local FSA office. Completed forms should be returned to the local FSA office. In Crittenden or Livingston counties, the office is located in Salem. The phone number is 988-2180.

#### LBL spring turkey quota apps available Feb. 1

Applications will be available online Feb. 1, for the first six hunting days of the spring turkey season at Land Between the Lakes. Three quota hunts in both Kentucky and Tennessee during the first portion of the season require a prior application. In Kentucky, quota hunts include a two-day youth hunt for hunters (under age 16 on the Kentucky portion of LBL) April 9-10, a twoday hunt April 12-13, and a two-day hunt April 16-17. No hunting is permitted between these dates. The non-quota hunting season, which does not require a prior application, is one 14-day hunt, April 18-May 1 in Kentucky. Quota hunt application fee is \$5 for an online application. Hunters can apply online at www.lbl.org Feb. 1-28. Applicants can check the website at www.lbl.org near the end of March to see if they were drawn. The 2011 Motor Vehicle Use Map (MVUM) is now available on the website. Printed copies are also available at the Golden Pond Visitor Center. Licensed motorized vehicles are only permitted on roads identified on the MVUM and on the LBL Recreation Map. Hunters will want to be sure to refer to the MVUM when scouting and hunting on LBL.

#### **Deadline for EQIP, WHIP periods is Jan. 28**

# **Archers set record deer harvest in January**

2010-11 Kentucky's white-tailed deer season ended recently with archers posting two all-time harvest records.

"There was an archery record set for the month of January (2,683 deer) and for the season (16,636 deer)," said David Yancy, deer biologist for the Kentucky Department of Fish and Wildlife Resources.

Archery hunters harvested 413 antlerless deer and 253 antlered bucks over the holiday weekend.

For the overall 2010-2011 deer season, hunters reported taking 110,356 deer. Male deer made up nearly 54 percent of the harvest while female deer comprised about 46 percent.

Modern firearms hunters took 79.020 deer while archers harvested 16,636. Muzzleloader hunters checked in 13,179 deer and crossbow hunters 1,521 deer.

"The guys I talked with during the last week of bow season said they were seeing deer in the evenings," said Don Bailey, president of the United Bowhunters of Ken-



#### LIVINGSTON LIVES

Tuesday, Jan. 25, 2011. USDA-KY News. Livingston County Livestock (cattle weighed at time of sale). Re Compared to last week: Slaughter co dressing cows 2.00-3.00 higher. Slaud higher. Feeder steers and heifers une to 3.00 higher, due to weather and gua Slaughter Cows Breaker 75-80% Head Wt Range Avg Wt Price Range Avg Price 800-1200 1077 55.00-61.00 58.13 800-1200 1025 65.00 65.00 HD 7 1200-1600 1315 56.00-62.00 59.59 1 1200-1600 1440 64.00 64.00 HD 2 1600-2000 1680 55.00-57.00 55.98 2 1600-2000 1718 65.00-68.00 66.52 HD Slaughter Cows Boner 80-85% Head Wt Range Avg Wt Price Range Avg Price 2 700-800 738 52.00-52.50 52.25 1 700-800 740 45.00 45.00 Low Dressing 26 800-1200 992 47.00-56.00 51.57 2 800-1200 1065 60.00-63.00 61.56 HD 800-1200 1019 43.00-48.50 45.56 LD 5 6 1200-1600 1333 48.00-56.00 51.49 2 1200-1600 1328 61.00-62.00 61.50 HD 2 1200-1600 1335 46.00-47.00 46.48 LD Slaughter Cows Lean 85-90% Head Wt Range Avg Wt Price Range Avg Price 8 700-800 752 35 00-44 00 40 51 7 800-1200 949 39.50-45.00 43.49 Slaughter Bulls Y.G. 1 5 1500-3000 1791 79.00-85.00 81.84 Slaughter Bulls Y.G 2 1 1000-1500 1460 70.50 70.50 1 1500-3000 1610 70.00 70.00 2 1000-1500 1275 59.00-64.00 61.32 1 1500-3000 1585 62.00 62.00 Feeder Steers Medium and Large 1-2 1 100-200 175 150.00 150.00 6 200-300 278 143.00-152.00 149.12 28 300-400 360 145.00-156.00 151.36 30 400-500 421 137.00-151.00 144.42 20 500-600 528 127.00-141.00 131.96 2 500-600 547 148.00 VA 148.00 22 600-700 651 112.00-122.00 116.36 19 600-700 644 121.00-135.00 126.62 VA 18 700-800 720 105.00-113.00 109.72 27 700-800 764 114 00-118 00 115 37 VA 5 800-900 869 100 00-104 00 101.58 years old and 6 to 8 months bred 660.00-950.00 per 9 800-900 867 105.00-110.00 109.44 VA head. 2 900-1000 907 100.00 100.00 Stock Cows and Calves: Cows 2 to 8 years old with 1 1000-1100 1035 86.00 86.00 Feeder Steers Medium and Large 2 Head Wt Range Avg Wt Price Range Avg Price

DEER	HAR	VES	T T(	DTA	LS	201	10
County	Bucks	Does	<b>Total</b> <b>2008</b>	Total 2009	Gun	Bow	Muzload
Crittenden 10	1,302	1,650	2,952	2,549	2,234	457	232
Livingston	871	856	1,7 <b>2</b> 7	1,573	1,338	122	182
Webster	908	957	1,865	1,689	1,382	318	153
Caldwell	652	603	1,255	1,020	925	172	144
Union	480	416	896	815	636	187	70
Lyon	302	310	612	514	402	165	36

Totals compare this year's overall harvest to date to last year's harvest over the same time frame. Numbers are through end of season. SOUF

tucky. "Deer started moving more over the weekend when the weather broke."

During late season, deer often concentrate on a food source such as standing corn or a green field of winter wheat. "With all the cold and snowy weather we've had this month, deer were moving around in search of food," said Yancy. "That makes them more visible to hunters."

Archers typically buck hunt early in the season and then concentrate on female deer as the season ends.

For Kentucky's most avid

TON REPORTS V	VEEK	LY BY -L	JSDA	MARKET	NEW	S S
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114.86 120.00 VA 33 600-700 630 105.00-113.00 108.47 663 111.00-116.00 114.26 VA 21 600-700 700-800 100.43 9 752 100.00-101.00 17 700-800 769 100.00-110.00 106.74 VA 800-900 847 90.00-97.00 95.62 Feeder Heifers Medium and Large 2 1 200-300 255 100.00 100.00 101.00-122.00 115.85 10 300-400 349 27 400-500 460 100.00-119.00 111.76 96.00-109.00 6 500-600 562 105.26 12 600-700 654 90.00-102.00 99.69 8 700-800 756 93 00-95 00 94.51 800-900 800 81.00 81.00 1 Feeder Heifers Small and Medium 1 3 500-600 522 88.00-94.00 90.68 Feeder Bulls Medium and Large 1-2 139 79 10 300-400 354 132.00-144.00 137.84 39 400-500 436 128.00-145.00 29 500-600 532 117.00-135.00 123.26

25 600-700 641 106.00-113.00

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2 300-400 350 117.00-130.00 123.41

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83.00

Head Wt Range Avg Wt Price Range Avg Price

90.00

Stock Cows: Medium and Large 1-2: Cows 5 to 9

Baby Calves: Beef Breed: 60.00-175.00 per head.

789 91.00-94.00 93.51

12 700-800

1 800-900 800

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Feeder Bulls Small and Medium 1

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calves at side 890.00-1030.00 per pair.

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eer	hunters,	the	sport	is	а

d year-round passion. That is why so many

hunters, especially archers, begin scouting in post-season before the woods leaf out in the spring.

It's a good time to learn more about your hunting area. The leaves are off the trees, the ground is soft or snow-covered making it easy to find tracks, deer trails and bedding areas.

Thoroughly search every acre of your hunting area to find out where deer bed, feed and how they travel throughout the woods, thickets and fields.

It's a good idea to take some notes on what you find and check out spots on a map of your hunting area that might make good places to hunt.

Opening day of deer season is still months away, so there's no fear of running off the deer you plan to hunt. Go ahead and stomp around in a buck's core area, the secretive bedding areas you wouldn't dare visit pre-season or after hunting is underway.

Look for staging areas near food sources, where bucks wait until dark to come out into the open to scent check does in late October. These spots are often marked by numerous antler rubs or a concentration of scrapes in the dirt.

This time of year, the scrapes and antler rubs made by rutting bucks are plainly visible. So are the little-used shortcut trails bucks often take when searching for does, just as they go into estrus in early November.

If you find one of these buck trails, which are often



In Crittenden County. hunters took two fewer bucks in 2010 than they did a year earlier. They harvested 405 more antlerless deer, mostly during rifle season.

## HUNTING

Small Game	Nov. 15 - Feb. 10			
Duck	Dec. 6 - Jan. 30			
Western Goose Zone	Nov. 23 - Jan. 31			
Pennyrile Goose Zone	Nov. 23 - Jan. 31			
White-fronted Goose	Nov. 23 - Jan. 31			
Snow Goose	Nov. 23 - Jan. 31			
Crow	Jan. 4 - Feb. 28			
Snow Goose Consv.	Feb. 1-4			
Snow Goose Consv.	Feb. 7 - March 31			
Youth Waterfowl	Feb. 5-6			
Groundhog	Year round			
Coyote	Year round			
Send wildlife photos to				

thepress@the-press.com

used year after year, you've unraveled one of the mysteries of your hunting area. You've also located a prime spot for a tree stand or ground blind.

It's also a good time to groom hunting spots by trimming shooting lanes and clearing out an entrance and exit route.

Ideally, you want the prevailing wind in your face and sun at your back as you approach your hunting area. It is critical that you don't alert deer while approaching your tree stand or blind site.

It's also a good time move a tree stand, or look for a better tree nearby.

Don't wait until the summer to scout for deer. Get the jump on the 2011-12 deer season now.

First ranking cut-off period for Fiscal Year 2011 Environmental Quality Incentives Program (EQIP) and Wildlife Habitat Incentive Program (WHIP) applications will be later this month. Each year, the Natural Resources Conservation Service (NRCS) sets ranking period dates for applications taken for USDA Farm Bill programs. Although ranking dates may vary from program to program, landowners may sign-up at any time for all conservation programs. The next ranking cut-off date is Jan. 28 and will include applications for both the Wildlife Habitat Incentives Program (WHIP) and the Environmental Quality Incentives Program (EQIP). The WHIP program can provide financial and technical assistance to develop upland, wetland, riparian and aquatic habitat areas on your property. There is a 10-acre minimum to apply for this program. The EQIP program can provide financial and technical assistance to plan and design measures on your property such as but not limited to: grazing management (fencing and livestock watering systems); nutrient management (manure storage structures, planned nutrient applications); and erosion control (grade control structures, diversions, grassed waterways). The EQIP program can also assist farms that are currently certified organic or transitioning to organic. If interested in participating in either or both of these programs, sign up as soon as possible and request a conservation plan if you do not have an existing plan. Anyone seeking cost-share assistance must develop a conservation plan with the local NRCS office. For more information, contact District Conservationist Larry Starr or the local conservation district office located at 118 East Bellville Street in Marion or 360 West Main in Salem. You may call 965-3921, extension 3 in Marion or 988-2180, extension 3 in Salem.

#### **Deadline for USDA's ELAP** registration is Monday

Producers have until Monday to submit an application for payment under the 2010 Emergency Assistance for Livestock, Honey Bees, and Farm-raised Fish Program (ELAP). ELAP provides emergency assistance to eligible producers of livestock, honeybees and farmraised fish who have losses due to disease, adverse weather or other conditions, including losses due to blizzards and wildfires. ELAP assistance is for losses not covered under other disaster assistance programs established by the 2008 Farm Bill. FSA is authorized to spend up to \$50 million per year nationwide to provide emergency relief for ELAP eligible losses. Producers who feel they have suffered a qualifying loss are encouraged to file an application for the 2010 ELAP. Contact your county FSA office for more information.



Marion, Kentucky

WORK IS OUR WO Handcrafted Purpose-Built Boots, Made With Pride

Over 30 styles of lace-up and slip-on Red Wing work boots in-stock.

**RED WING** SHOES

> ODER'S VARI 7 1/2 Miles North of Marion On Hwy. 91 or

3 1/2 Miles South of Cave In Rock Ferry On Hwy. 91 Open Mon.-Sat., 8 a.m. - 5 p.m.

SALE OF YOUR RECREATIONAL PROPERTY. WHITETAIL PROPERTIES OFFERS A DIVERSE PLATFORM OF SELLING OPTIONS INCLUDING CONVENTIONAL LISTINGS AND PROFESSIONAL AUCTION SERVICES. IT'S NO MISTAKE THAT LAND SELLERS ACROSS THE MIDWEST HAVE ENTRUSTED THEIR LAND SALE TO US. WHITETAIL PROPERTIES HAS AN EXTENSIVE NETWORK AND CLIENT BASE THAT REACHES THE ENTIRE NATION AND INCLUDES FARMERS, SPORTSMEN, INVESTORS AND HUNTING PROFESSIONALS.

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LAND OWNERS

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#### FOR MORE DETAILS PLEASE CONTACT KENTUCKY LAND SPECIALIST, MARK WILLIAMS (270) 836-0819

## **KENTUCKY LAND FOR SALE**

**CRITTENDEN CO, KY - 212 ACRES - \$1,650/ACRE** - Super hunting tract located the milder of some of the best West Kentucky has to offer for Huge Kentucky Whitetails.

CRITTENDEN CO, KY - 90 ACRES - \$1,750/ACRE - 90 acres more or less (25 acres tillable, balance in timber, brush, creek and pond).

CRITTENDEN CO, KY STORED \$1,690/ACRE - 37 acres pasture balance in times of the balance in times of th

CRITTENDEN CO, KY - 110 ACRES - \$2,019/ACRE - Property surveyed. 20 acres tillable, 2 ponds, balance in timber and brush.

CRITTENDEN CO, KY CONTRES \$1,750/ACRE - 65 acres timber, 51 acres open, spins, bond, and established food plots.

**CRITTENDEN CO, KY - 220 ACRES - PRICE REDUCED \$495,000** - 50 acres tillable, balance in timer, brush, pond, creeks and 2 buildings. House & 20 acres available for \$170,000. Buy 200 acres only \$325,000.

CRITTENDEN CO, KY CARE \$31,900 - All timber. Lo-cated 2 hours from Nache TTD

CRITTENDEN CO, KY - 458 ACRES - \$2,019/ACRE - 3 ponds, hardwood timber, overgrown fields and pasture.

CRITTENDEN CO, KY - 568 ACRES - \$2,019/ACRE - 3 ponds, hardwood timber, overgrown fields and pasture.

CRITTENDEN CO, KY - 885 ACRES - \$1,899/ACRE - Nearly all timber, food plots, interior roads, and creek.

LIVINGSTON CO, KY - 51 ACRES - \$1,395/ACRE - Consisting mainly of hardwood terten hat pip of white oaks, red oaks, hickory, as well as some scattered cedars and pines.

CALDWELL CO, KE PONTE LA CONTRACTOR - 12 acres CRP, balance in timber, brash, and pond.

**CRITTENDEN CO, KY - 264 ACRES - \$1,750/ACRE** - 100 acres CRP / SAFE Program, established food plots, pond, balance in timber & brush.

CRITTENDEN CO, KY - 28 ACRES - \$1,775/ACRE - 28 acres hunting land for sale, extraordinary amount of deer.

**CRITTENDEN CO, KY - 19.91 ACRES - \$95,900** - This is one terrific small tract! It makes for a great small hunting tract or family get-a-way.

**CRITTENDEN CO, KY - 122 ACRES - \$2,663/ACRE** - What a super property for the property of the property white tails or just a family get-a-way property.

**CRITTENDEN CO, KY - 150 ACRES - \$1,200/ACRE** - This farm is priced to move!! It **Start** d Dne of the best areas in the Premier Whitetail Deer hunting county in Western Kentucky.



# The Press Lifestyles

Nancy

Hunt

Home

Notes

UK Cooperative Ext

a selection of posters from

Kentucky middle school stu-

dents who participated in the

Kentucky Saves Week poster

contest sponsored by the Ken-

tucky Jump\$tart Coalition for

The winners of the Critten-

den County piggy bank design

contest were Cory Thompson,

Personal Financial Literacy.

# **America Saves Week encourages financial planning**

In a down economy Americans are saving more, but their level of savings may not be enough to help them navigate through an unforeseen financial hardship

According to the Bureau of Economic Analysis in the U.S. Department of Commerce, the personal savings rate for Americans in 2010 was around 6 percent.

America Saves Week and Kentucky Saves Week, the state level campaign, were created to encourage people to find ways to save more, whether that's building a savings account or emergency fund or paying off credit card debt. This year, the week is Feb. 20-27.

To emphasize the importance of savings, Governor Steve Beshear will sign a proclamation declaring the period Kentucky Saves Week.

Kentuckians already have designed piggy banks for the



## Hodge 65th anniversary

Mr. and Mrs. Harold H. Hodge of Marion, will celebrate their 65th wedding anniversary on Jan. 30.

After serving in World War II, Mr. Hodge went to northern Indiana to work in the steel mills. He and Ophie were married in Gary, Ind., on

retired in 1973, they moved back to the area with their younger children. Seven of their children still live in the area and four live out of state. They also have 26 grandchildren and 30 great-grandchildren.

Jan. 30, 1946. After he

## Woman's Club news



PHOTO SUBMITTED

The three piggy banks above are the top winners in the Crittenden County piggy bank design contest. Winners were (from left) Brenna Yandell (third), McKenzie Hewitt (second) and Cory Thompson (first).

first place; McKenzie Hewitt, second; and Breanna Yandell, third. All are students at Crittenden County High School. This week is a great time for you to start saving for the future. Here are some tips from http://americasaves.org that can help get you started: •Ask your bank or credit

account. Even as little as \$10 or \$15 a month helps. After

all, that's \$120 or \$180 a year •Put all of your loose change in a savings account. For many people, that could add up to well over \$100 a vear

•If your employer matches retirement savings contributions, be sure to take advantage of that. Some employers match up to 100 percent of your contributions.

•Keep a careful record of all of your expenditures for a month. You may be surprised to learn how much you are spending on such things as a daily latte or restaurant meals.

•For necessary purchases such as food, transportation and insurance, comparison shop to save the most.

For more information on tips to save money and how to develop sound, financial management practices, contact the Crittenden County Cooperative Extension Service.

# Snow days bring enjoyment for others

BY DEREK McCREE PRESS REPORTER

Each year, wintery weather interrupts students from making their regular appointment at local schools. Some children and families make the best of snow days when the roads are too slick and Mother Nature too fierce for outdoor activity.

From special recipes of snowcream to utilizing the world of Lego, there's plenty to do without catching cabin fever.

Working on his architectural lessons, 10-year-old Nelson Robertson, a fourth grade student at Crittenden County Elementary school, uses Lego building blocks to further his studies when snowed in. Late last week, with school dismissed, his father, Billy, and Nelson had a chance to share ideas on Lego architecture. Dad took a week's vacation just in time for the snow, which gave him a chance to enjoy some quality time with his son.

"We just finished a big tow truck today and a log cabin," Billy Robertson said. "Nelson has already built a police station and an airport.

The Robertsons took some of Nelson's birthday money and bought more Legos just for the snow days. Nelson didn't seem to mind the extra days at home, or having extra toys.

"I'm not ready to go back to

school," Nelson said. "I would rather sit at home and build Legos all dav."

With all the big designs, Nelson's hardest task was building a fire station. He keeps all of his wonders on a shelf in his room. His father tries to get in as much advice as he can, but Nelson has mixed feelings on who is better at plastic construction.

"My dad is better at building," Nelson explained before a quick pause. "Probably, we are both in between on second thought."

When dad was a boy, Lego building blocks were not quite as technologically advanced as they are today. In older times, Legos had just three different colors and you could build about four different things, he said. Children also had other things they liked to do when school was out of session.

"When I was growing up in the country, I would be out on the four wheeler since we didn't have these types of toys back then," Billy said.

Another snow story comes from D'Anna Browning Sallin.

It is an old family chronicle that dates back many years. Sallin's grandmother, Marie Threlkeld, or Mamas as the grandchildren called her, was

always busy making her special snow cream recipe for the children on their winter holiday from school. She sent Uncle Tommy out with a big metal wash tub and orders to bring back the whitest, freshest snow he could find.

union to automatically trans-

fer funds each month from

your checking to your savings

Tommy returned a short while afterward, and Mamas began mixing ingredients to her special concoction.

Adding the snow to her mixture, Mamas saw what appeared to be strange looking clumps in the cream. Deciding these funny looking clumps were not like the usual snow she had used in past, she summoned Uncle Tommy into the kitchen for questioning.

While outside on his quest for the best snow to mix with the cream, Tommy had climbed to the top of the chicken house. He thought he would get fresh snow atop the den because nobody had stepped or played upon it. Mamas quickly realized that Uncle Tommy had taken the snow from the worst possible place - where the chickens had roosted.

Needless to say, the clumpy snow cream did not make its way into the children's tummies, nor a second batch to the table.

On a cold winter day in Jan-

uary 1949, Bonita Hatfield and her sister, Sue, decided to take their new sled out for a trial run.

Sue, being the older and much wiser of the two, decided it best for the younger, less experienced sledder to break in their Christmas gift. The street in front of their house had a nice down-hill slope.

"I don't think I had ever been down that hill and Sue assumed I knew what I was doing," Hatfield said.

After prepping the sled, Bonita set off down the slope and Sue quickly realized she had forgotten to tell her sibling to turn into the feed mill at the bottom of the street. The slip cost Bonita a near-death experience as she and the sled kept going, straight into a moving vehicle.

Luckily, the front of the sled smacked into the tire of the car, and threw Bonita off to the side.

"We were scared breathless and afraid to go home," Bonita recalled. "We decided to hide out the rest of the day.

Trying to keep the their father from finding out seemed to be easy enough since Bonita wasn't hurt but the fellow driving the car came back to their home later on to check on the sisters. Their dad was not happy.

Winter Brunch will be at 9:30 a.m., Feb. 5. The speaker will be Amelia Wilson, graduate of Monroe County High School in 2000 who attended University of Kentucky. During this time she was crowned homecoming queen and served as the coordinator of the UK ambassadors.

As one of five ambassadors, she had the opportunity to travel with the president, recruiting prospective students. Wilson was awarded the Sullivan Award as well as recognized at the Sarah Bennett Holmes Awards luncheon for her community service efforts.

Wilson graduated with a bachelor's degree in family and consumer sciences and a master's degree in community and leadership development. In May, she will complete her doctorate in educational leadership studies from UK.



life-saving transplant

on April 4, 2005. She is currently the director of student services at Mid-Continent University and enjoys volunteering her time by speaking to schools, civic groups and churches.

Upcoming events for the Woman's Club are March 2, annual meeting; March 31, Car Care for Women; April 29, Quilt show and benefit bake sale; May 14, Spring Gala; and June 4, Children's tea party.

## **Community Calendar**

#### Friday, Jan. 28

 Crittenden County Food Bank will be having its monthly food giveaway from 9 a.m. - 1 p.m., Friday, behind the PACS building on North Walker Street.

Tuesday, Feb. 1 •"If You Can't Lose It, Wrap It Well" is the program being pre-

sented by the UK Extension Service at 1:30 p.m., Tuesday, in the Ed-Tech Center. Participants will learn to take good care of one's body while dressing to look five pounds thinner. Program is open to the public. Call 965-5236 to pre-register.

#### Ongoing

·Monday through Thursday, Livingston County residents will be able to take a pre-GED test for free at the Livingston County Learning Center. A shorter version of the GED, the test will predict your score on the GED and will take about five and half hours to complete. The pre-GED test must be passed before taking the actual exam. For a testing appointment or more information, call 928-3777 between 9 a.m. - 4 p.m.

 The Crittenden County Middle School chorus is inviting new members to come be a part of several spring semester chorus performance opportunities. Chorus meets at 3:15 p.m.-4:30 p.m., each Tuesday and Thursday afternoon in the CCMS music



#### Upcoming

•There will be a soup fundraiser sponsored by the Crittenden County Senior Center from 5-7 p.m., Feb. 3. Soup, sandwich, dessert and drink will be \$5.

 The Crittenden Health Systems Auxiliary will meet at 4 p.m., Feb. 3, in the educational building. The 2011 officers will be installed. Volunteer hour pins and bars will be presented and annual reports given by committee chair persons. All auxiliary members are invited to attend

·There will be a Woman's Club mid-winter membership brunch at 9:30 a.m., Feb. 5, at the Woman's Club. Guest speaker Amelia Brown Wilson will be talking about the topic, "Be an Angel: Be an Organ and Tissue Donor." •Jason Lindsey, the "Science Guy" from News Channel 6, will be visiting Crittenden County Elementary on Feb. 7. Kindergarten through second grade will be in assembly at 9:30 a.m and third through fifth will be in assembly at 1:30 p.m.

## 4-H means learning and leadership

Submitted by Bonnie Baker

We all at some time must serve in a leadership role, and teaching these skills to young people is a major goal of 4-H. Leadership training is offered to 4-H seniors through events such as Issues Conference and National 4-H Congress. On the local level, 4-H seniors serve on the new county 4-H teen council.

Last fall, Dallas Haire, a Crittenden County senior 4-Her,

attended an Issues conference. At the conference, she met with other young people from across the state to discuss issues affecting young people and their communities.

Another one of our local senior 4-Hers, Chad Bell, attended National 4-H Congress. This is a very prestigious conference. In order to attend this conference, a 4-Her must have earned their senior bronze honor, be interviewed and be one of only four other 4-Hers from across the state chosen to attend.

At the National Teen 4-H Conference, Bell joined extension professionals and adult volunteer leaders to discuss ways 4-H can better serve young people on local and national levels.

To increase opportunities for our local youth to gain leadership skills, a Crittenden County 4-H Teen Council has been developed. This council consists of senior 4-H members wanting to make a difference in our local 4-H program. The group meets once a month to discuss local opportunities to serve and to learn skills that will help them in the future.

For more information on these events or to become involved in the local Teen Council please contact the Crittenden County Extension Office at 965-5236.

# LOUISVILLE, Ky. — With the tinue to be matched dollar-for-LOUISVILLE, Ky. — With the tinue to be matched dollar-for-Winterhelp and Community monthly pledge or a one-time

winter heating season off to a frigid start, Louisville Gas and Electric Company and Kentucky Utilities Company are bolstering financial support for their heating assistance programs by an additional \$50,000.

Specifically, Community Winterhelp and the WinterCare Energy Fund each will receive \$25,000 to supplement customer donations, which condollar by the companies through March 31 - four times the traditional amount.

Community Winterhelp and the WinterCare Energy Fund are nonprofit organizations supported and promoted by LG&E and KU, in addition to other utilities throughout the state. Each organization's funds are managed by an independent third party, (the Louisville Urban League for Action Council for Lexington-Fayette, Bourbon, Harrison and Nicholas counties for WinterCare). These third-party agencies determine recipient eligibility. Combined, the programs have raised nearly \$7.3 million since 1983 to help families in need pay their winter heating bills.

LG&E and KU residential customers may donate to the programs by making а

monthly pledge or a one-time contribution that can be added to their monthly bill. Customers can also donate online at www.lge-ku.com.

For eligibility requirements or additional information about Winterhelp, LG&E customers can call (502) 561-6836.

KU customers should contact their local community action agency for eligibility requirements or information regarding WinterCare.



## **Community Christmas shopping**

Crittenden County Middle School student council members and the Crittenden County High School Sportsman club shopped for Community Christmas in December. After raising money from donations, the students sponsored 23 children for the event.

Wilson

# **City exploring costs of** sidewalk on Sturgis Rd.

STAFF REPORT

City Administrator Mark Bryant says he has directed Austin Engineering of Paducah to prepare a preliminary cost estimate on building a sidewalk along Sturgis Road from Jones' 88 Dip restaurant to Darben Plaza Shopping Center.

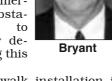
The engineer anticipates being able to come up with the estimate prior to the next city council meeting (Feb. 21)," Bryant said.

The city administrator has ordered the work in response to several council members expressing concern over pedestrian safety along the corridor, as well as the recent Crittenden Press Online poll about the issue, where over 80 percent of the votes

supported building the sidewalk.

project.

Bryant cautioned that there are numerobstaous cles to actually developing this



"Sidewalk installation is very expensive," he said. "I know that from experience on similar projects.

He also pointed out that the most-likely route of the sidewalk would have to be on the north side of the highway and would potentially encounter impediments such as Dairy Queen's main sign, a fire hydrant and a deep

ditch near the Royal Inn and Suites.

"I believe the highest percentage of pedestrian traffic takes place in that area between the Creekside Apartments and the Dollar Store," added Brvant.

For that reason, he has also asked the engineer to do a separate estimate for running a sidewalk along the south side of the road between those two landmarks.

A similar plan was studied several years ago and it received partial funding from grant sources. However, the money was diverted to City-County Park walking trail after sidewalk estimates turned out to be much more expensive than originally figured.

## **Food bank distribution is Friday**

Crittenden County Food Bank will be distributing food during its regular monthly program from 9 a.m., to 1 p.m., Friday at the PACS Community Assistance Center (former health department).

The food program provides free canned, dried and frozen foods to Crittenden County residents.

The food bank is supported through contributions and funding from the city and county. Area churches also help support the program.

Anyone wishing to make donations can contact Sue Padget at the Crittenden County Judge-Executive's office or contact Minnie Lou Brown.

There are other community food projects, including the Marion Baptist Church's Angel Food program, which requires payment at a reduced retail cost, and several churches have food banks, which offer free food on particular days of the week. For more information, contact a local church (see phone numbers page 8).

### WATER Continued from page 1

stallation of a new floating intake system, which was installed at Lake George three years ago. Before that, water was drawn from the lake with a stand pipe. The ability to float the intake up and down has enabled crews to find the best water in the lake even when its depth fluctuates dramatically.

Given the conditions that exist right now, Thomas said Lake George needs about a foot of rainfall over the next two months in order to avert more serious issues.

"We need about two weeks worth of serious rainfall, the kind of rain that causes problems for everyone else," Thomas said. "If we don't get some serious rain pretty soon it's going to be a problem."

Lake George has a relatively small watershed area. Runoff comes from about 750 acres. Thomas says five years of intermittent drought has created the problems for Lake George. He explains that ground saturation is needed to get adequate runoff from the watershed. Since last April, the area is eight inches below normal rainfall.

The good news is that the University of Kentucky's Agriculture Weather Service is predicting above average precipitation for the next 90 days. The bad news is that through last weekend. January is already a half inch below normal.

The next seven to 14 days

will determine what course of action the city takes, Thomas said.

'We may have to buy around 75 gallons of water a minute from the county in order to stretch our raw water source as far as we can," he said.

Marion uses about a half million gallons of water a day. Demand has not changed over the last several

years, the city administrator said. By supplementing the city system with about 100,000 gallons a day from the county, it could buy the city some time, but Bryant and Thomas agree that a long-term solution is necessary to prevent further worries.

For now, they're keeping their fingers crossed and praying for rain.

The family of Vera Riley wishes to acknowledge with deep appreciation the many expressions of love, kindness and support shown to us during our hour of bereavement. Thank you for your prayers, calls, food, and visits. Thank you to the members of Repton Baptist Church for the food you provided and for the meal you served after the funeral. Also, we would like to thank Bro. Jerry Thurman and Bro. Gary Murray for their support, ministry and encouragement during this difficult time. Your words were inspirational and were a comfort for all who attended. She was a wonderful, wife, mother and grandmother and she'll be deeply missed. May God bless every one of you.

I want to start by saying, I would love to personally thank everyone for the support we received for the benefit for the Willis family, but that is impossible. The event was a huge success, and it's because of so many people who were willing to go the extra mile to help, that we were able to pull it off. We realize in today's society, extra money is scarce, and people were so willing to pull it out of their own pockets to help out my sister's family. It was overwhelming and humbling to see the amount of community support we received. I have never organized an event like this, and I had no idea where to even begin. But so many people had suggestions and the community helped in more ways than I can even begin to explain. First of all, all my thanks goes to God for the fact that both my nephews are alive and well and for the fact that Taylor is a walking, talking miracle as well. It was so nice to see Taylor and her family at the event, and to see the three of them well, is the biggest blessing of all. I have so many people to thank, and I pray that if I leave someone out, they aren't offended. First of all, thank you to the Crittenden County School System for providing the multipurpose room for us to use, and for allowing us to take over the kitchen and providing a cook and janitor. Thank you to The Crittenden Press, WKYQ, and the Princeton Times-Leader for advertising the event, and thanks to Sadie Grey at WKYQ for the interview and airtime. Thank you to Brad Paisley and his assistant Sharon for donating tickets for Bryce and Jayden to go to his concert this weekend. Thank you to Pepsi bottling company and Dr. Pepper for donating drinks. Thank you to Jordan Buchanan and Shellye and Nikki Conger for leading me in the right direction and Jordan for helping me so much. Thank you to Kevin and Vivian LeFan for all of their work and help. Thank you to Sheila Truitt for taking care of the cooking, along with her crew who helped more than anyone knows. Thank you to Food Giant and Conrads of Marion for opening their stores and donating all the things that they donated. Thanks to the countless businesses that donated cups, napkins, bowls, forks, etc., such as Arbys, Burger King, Subway, Godfathers Pizza, Hardees, Captain D's, and KFC and anyone else who I may have overlooked. Special thank you to the Indianapolis Colts, the Tennessee Titans and DeMarcus Cousins for providing sports memorbilia for the event. Thank you to Curtis Franklin and his congregation at the Fredonia Cumberland Presbyterian Church for providing desserts and also for the emotional support to my family. Also thank you to Jeri Hunt for everything that she did, which is way too much to mention. Thank you to the businesses that donated their merchandise, their time, and their services for us. Thank you to Mandy Major, Barbara Pryor and Staci Skinner and any other individual who bought things to be raffled, without even being asked. And thank you to every person who came to the event. who took time out of their day, to come and take care of my family. To anyone I may have overlooked, I apologize, but whatever role you played in the event, THANK YOU.

## DEVICE

Continued from page 1 tor in Henderson, who was already using the program, West got the Crittenden County Fiscal Court to help provide some minor funding for the project.

"Something like this is very important to have around here," West said. "The Alzheimers Association reported that about three percent of our county is eligible for this program. You never know when it can come in handy. Plus, it can ease several caretakers' minds having this device."

An event that occurred on Dec. 30 illustrates how helpful the device could have been after Marion Police Chief Ray O'Neal was called to the corner of Travis and Maple streets where he discovered a 93-year-old woman, who had lost her

way home. O'Neal said she seemed

out on backroads. She was barely running on gas fumes as it was and temperatures were steadily dropping."

O'Neal contacted one of the woman's sons and her family came to get her.

'We're always happy to help in any way that we can, but the realization is that sometimes stories like these don't always have a happy ending," O'Neal explained.

It's in those situations that West says the Lifesaver device is proven to be a big help. Instead of a person being missing for days, they can generally be found in minutes or hours.

West's brother, Wayne, a county constable, will be directing and overseeing Proj-

ect Lifesaver. He plans to start training as soon as everything is finalized. A grant covers just about everything except the training, and the county is picking up the tab for that.

The training is going to cost \$450 and the county has okayed that," Wayne West said. "As for the rest of the project, it's pretty much self-sustaining, but we plan on raising donations to help raise some of the funds required like changing batteries in the devices once a month."

The Wests look forward to having the project up and fully operational some time later this year.



disoriented and when asked where she lived, she told him Owensboro.

"She was a good two hours or more from her home, but she insisted that she lived close by," O'Neal said. "When I was able to get her to step out of her car, I noticed that she didn't have on any shoes or socks, which further proved that she needed some immediate care.

After running her license number, O'Neal discovered there was a missing person's report filed a day earlier by a loved one.

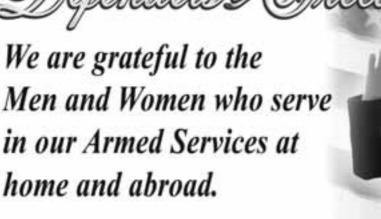
"We were able to get her back to the station where dispatcher (Paula our Miniard) was able to get her shoes and socks and gave her something warm to eat," O'Neal said. "She was very blessed to have this happen in town and not somewhere



STARTER TO BE TO B

**DON'T WASTE YOUR** 

**MONEY ON THINGS SHE** 













We are happy to announce the newest staff member of Big Dogs Gym will be Greg Collins. He will be coaching all levels of gymnastics and tumbling. Greg comes to us with many years of gymnastic, tumbling and cheer experience.

He has coached at Pennyrile Gym for 9 years, Hodgini's Gym for 2 years, Western KY Tumbling for 2 years & Marbelle Gymnastics Republic of Pamana for 1 year. He has coached with the U.S. Olympic coach in Seoul, Korea and had many state and national champion gymnasts under his instruction. We are proud and excited to welcome Greg to our staff.

Sign ups for all gymnastic classes will begin on Monday, Jan. 24th. Call the gym for more info at 667-9066

302 W. MAIN ST., PROVIDENCE, KY

# Don't be afraid of the truth

'We shouldn't even be asking those questions," he said. "We need to be satisfied with what we know already." I was listening to a speaker advise young ministers. He was in the midst of a harangue about modern science. Basically, he was saying we already know more than we need to know about the world, and we shouldn't be asking any more questions. I sat there wondering if this were not the same argument they used against Galileo, Sir Isaac Newton and even Hippocrates.

What prompted the speaker's tirade was a coming eclipse of



the sun. There was extensive reporting about it in the news. Some reports carried explanations and theories about the nature of the universe. As you might expect, it prompted discussion. Somewhere in history, religion and science became enemies. It is really sad because we are both seeking the truth

Neither Christians nor scientists should be afraid of the truth. Christians certainly should not be afraid of the truth. Jesus said, "I am the truth . . . " (John 14: 6) Then again He said, "The truth makes you free." (John 8:32) The problem comes when the truth is different from what we have always believed or when the truth is unpleasant.

I know people who refuse to accept the truth even when it is

proven. While in college a friend of mine hung a sign on his dormitory door saying, "My mind is made up. Please don't confuse me with the facts." A parishioner of mine was diagnosed with cancer. "These doctors don't know everything," she said, "I don't have cancer.' She died. Ignorance may be bliss, but it can also be deadly.

Now I'm not saying I always welcome the truth; but down deep inside I want to know it. You see, if Jesus is the truth, then knowing the truth brings you closer to God.

address to obtain a survey.

Also, survey packets can be

picked up at the Crittenden

County Extension Office lo-

cated at 1534 US 60 East.

FRITT I has Technical Street

Econoso



Dessert auction

Deer Creek Baptist Church sponsored a dinner and dessert auction on Jan. 15 to help raise funds for a summer mission trip for church member Chad Bell. Approximately 100 people feasted on a pork chop dinner, followed by a funfilled auction for desserts. Over \$2,500 was raised for missions. Bell, a Murray State University student, will travel with 50 other Kentucky college students to Denver, Colo. and San Fransisco, Calif. to participate in a project called Acts 1:8. The project will give college students experience in serving others by working with homeless ministries, teenage runaways and food kitchens.

## Survey seeks answers regarding women's health leave your name and mailing

Why do some diseases affect women more than men? Why do women respond to some drugs and treatment therapies differently than men? What environmental factors and behaviors most influence women's health?

Many important questions regarding women's health remain unanswered because women were historically excluded from most medical research studies. Researchers assumed women would react to a drug or treatment therapy the same way as men.

However, as more women

participate in medical research studies, researchers are discovering that women may have very different reactions than men to the same drugs and treatments. Women also may respond differently to stress and other environmental and cultural influences.

To help women and medical professionals of Kentucky find out why diseases affect women differently than men, the Center for the Advancement of Women's Health at the University of Kentucky has created the Kentucky Women's Health Registry.

They currently have 1,073 new women for this year, and their goal is 2,500 from all across the Commonwealth. They need more participants..

Women can apply on the web site www.kywomensregistry.com and complete the registry on line. For those who do not have web access, paper surveys can be mailed to those interested. There is a postage paid envelope included - there is no charge to join the registry.

To get a paper survey, call 800-929-2320 and simply

## rch**notes**

·Creekside Baptist Church will host a gospel singing at 6 p.m., Sunday

·Calvary Baptist Church will host the singing group, The Vocalystics, at 6 p.m., Sunday. •From 9 a.m.-noon, beginning Jan. 29, the Marion Baptist Church Family Life Center walking track and weight room will be open, free of charge.

·Ambassadors for Christ will have its revival at 7 p.m., Feb. 4-5, and 10:30 a.m., Feb. 6. Bro. Rocky Farley, from Iron River, Mich., will be the guest speaker.

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•New Union Baptist Church in Lola will host members of American Legion Post 217 of Burna at 10:45 a.m., Feb. 6, for the annual Four Chaplains Memorial Service.

·Miracle Word youth will be hosting its annual Valentine's steak dinner from 5-8 p.m., Feb. 19. The cost is \$16 for singles and \$30 for couples. Dine in, carryout or delivery available. Email miraclewordyouth@yahoo.com or call 836-9048 for more information or place an order. ·Ignited will come to your church

618.252.5555

or youth group. Teens will lead in praise and worship, perform dynamic skits and dramas and will minister directly to your youth. Email

miraclewordyouth@yahoo.com, post on our Facebook at Ignited . Youth or call 836-9048.



Marion Commons

RSVP to Susan Alexander susan@crittendenchamber.org or 270-965-5015



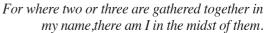
## **SATURDAY, JANUARY 29** 10:00 a.m.

2810 Hebron Church Road, Marion, KY 42064 Directions: From Marion take KY 91N, 9 miles, turn right on Hebron Church Road, go 1/4 mile to sale site.

TRACT 1: 3,900 sq. ft. Amish built home on 8+/- Acres, New 200 amp Electrical Wiring • County Water & Well • 345' Blacktop Road Frontage. Main Floor - 1,668 sq. ft.: Great room & kitchen area 25 x 17'6", new vinyl floor family room - 22'6" x 13', new laminate floor main floor bedroom - 13' x 13', new laminate floor central bath, vinyl floor mud room - 20' x 16'6", finished concrete floor. Second Floor - 1,000 sq. ft.: All rooms unfinished, bedroom - 15'6" x 13"6" pedroom - 14' x 13'6", upper foyer - 14' x 13'6". Basement -1,232 sq. ft. TRACT 2: 19 Acres of Pasture - stock pond, 1207' Blacktop road frontage.

Auctioneer's Note: The Millers have moved to a new home and are offering the spacious wellbuilt home to the general public for auction. Visit us auction day Saturday, January 29 at 10 a.m prepared to purchase this outstanding rural home and pasture land. Terms: 10% down the day of the sale and the balance in 30 days or sooner. Announcements the day of the auction prevail Tracts will sell seperately and then offered in combination.

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# Take a look back at county schools in 1915

The county schools were closing for their yearly term in February 1915. Many of the schools shared their happenings with the readers of The Press. The items made interesting reading for the community then and also 96 years later.

With these past happenings we learn how life was for the students and parents many years ago. Our county schools were always the main source of community gatherings and activities. The last day of school usually meant a community gathering of fun, good times and good food. The following items were abstracted from the archives of The Crittenden Press in February, 1915.

Barnett School - We the students of Barnett School ask for a little space of your valuable paper to tell you of our school. Prof. J. C. Hardin taught us at one of the best schools we have ever had. We had four to graduate from the common school to high school, the first graduates we ever had at Barnett.

We wish to thank Mr. Hardin for his interest he took in us, we never had a teacher who was so particular as to the thoroughness we must have in our lessons, and a thorough and scientific explanation as to the hard points.

We the pupils think we have had the best school we have ever had at Barnett. and invite Mr. Hardin to come this way, when looking for a school.

Childress Bluff - Our school closed January 30. The morning dawned cloudy and rainy, but by one o'clock p.m, the school children and a good number of visitors were present. The following program was rendered, Scripture reading, Nelle Conyer; Speech, Thanksgiving, Johnnie Kirk; Mystery, Carl Damrons. Music for the program was furnished by Wallace Conyer, a pupil.

Other selected readings were: Sail On by Nellie Conver; Going Out to Tea by Essie Kirk; Her First Cake by Ruby Howard and Ersie Kirk; Psalms of Life by Lula Fuller: Shadows by Thomas Kirk; The Reaper and The Flowers by Lena and Gertie Fuller; A night With the Wolf, by Nellie Conyer and Beautiful Post Cards by Opal Kirk.

Olive Branch School Closes These are some of the things that happened at our



school during this school term. School began on Aug. 10, with 46 pupils and 17 patrons present.

purchased paint for the interior of the school room. A corn club and a pig club were organized.

grade pupils, Mable Drennan, Rena Dean, Guy Drennan and Ormond Hurst, took the county promotion examination, all made passing grades.

School closed Friday in spite of the inclement weather. We had a number of visitors with us.

Our recitations were few in number, as we had spent the time preparing for and taking the examination. We had, however, a number of contests in reading, ciphering and location of cities.

Eugene Bebout, of the third grade, was first in his class in geography work. Lena Ethridge, of the fifth grade, in rapid arithmetic work. Burnie Crider passed the examination successfully and received his certificate of promotion.

Burnie Crider read the highest number of library books during the term. Nellie Brown second in number. Herbert Guess was first in attendance. The boys and girls of all grades did good work in the regular monthly examination.

We made a purchase of library books and also a purchase of song books during this term. In conclusion, we wish to commit the past to the great Master Builder, trusting that He will take our good intentions and mold them into living stones for the building of true manhood and womanhood, which is the end and aim of education. Signed: Corda Smart.

#### Odessa School Notes

The small pox scare reduced the attendance of our school for a few days, but about all are back again in their places. Here are some quotations from the pupils. Do good if there is ever a

The Improvement league

On Jan. 15, four eighth

School Closes at Belmont



Top left, the Childress School in 1914. Pictured are students (first row, boys kneeling) Ersie Kirk, Lloyd Kirk, Tom Kirk, Mary Conver, Lay Conver and Curtis Fuller; (second row) John Kirk, Russell Damron, Everett Damron, Carl Damron, Wilma Howard, Opal Kirk, Lela Fuller, Lila Fuller, Letta Fuller and Ethel Fuller; (third row) Eliza (Easley) Damron, Nola (Howard) Yates, Ruby Pearl, (child not named), Lou (Sisco) Damron, Belvia Howard, Bertha Ramsey (teacher), Lina Fuller, Ruby Howard and Nell Conyer; (fourth row) Robert Conyer, Lawrence Fuller, Brown Howard, Leonard Kirk, and Lenvil Conyer. Top right, the 1915 Odessa school students (front row) Glenn McConnell, Claude Hunt, Wallace Hardricks, Eura Herron, Thomas McChesney (holding sign), Alvie Coleman and Bobbie Crittenden; (second row) Nannie Travis, Bessie Hardrick, Bonnie Travis, Ruth Herron, Carrie Travis, Olene Travis, Allie Mae McConnell, Verda East, Myrtle Hardrick, Reba McConnell, Elsie Coleman and Beadie McChesney; (third row) Leslie Davis, Roy Herron, Roy Coleman, Lewis Coleman, Eura Conger, Miss Carrie Morse (teacher), Lexie Coleman, Robert Warren, Ray Travis and Delmer Travis; (fourth row) Lena McChesney, Lura McConnell, Cora McConnell, Ila Stembridge, Jessie Travis, Herbert VanHooser, Lera McConnell, Freddie Travis, Cora Lee McChesney, Dixie McChesney, Alma Herron and Mamie Hardrick.

way. - Lewis Coleman.

Experience keeps a dear school but fools will learn in no other. - Willie Towery.

Trust in Him for he will sustain thee. - Ernest Davis. Live to do good - Cora Mc-Connell.

War is the law of violence, peace, the law of love. - Herbert Vanhooser.

Those good old days are past and gone. The present will face and wither. The future on earth will be no more when we cross that dark silent river. - Cole Mc-Connell.

For God so loved the world that He gave his only begotten son that who soever believeth in Him should not perish but have everlasting life. - Ethel McConnell.

For the drunkard and glutton shall come to poverty and drowsiness shall clothe a man with rags. - Mabel McConnell.

Many people could be made happy with the happiness that others don't appreciate. - O. Jas. McConnell. The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction. - Hodge McNeeley. Do good and not evil. - Ollie McNeeley.

Cole McConnell, of the eighth grade, passed the examination Jan. 28 and 29, and secured a diploma that admits him to the county high school. Cole, here is our best wishes for your prosperity in the future. Signed:



J. B. McNeely, Teacher.

Weston, Scene of an Enjoyable Time

One of the most enjoyable school affairs of the year was a pie supper at Weston school. A cake was sold for the prettiest girl. The candidates were Miss Mary Ainsworth, a very pretty and charming young lady from Hebron and Miss Ruby Sturgeon, one of Weston's most beautiful girls. The votes cast for Miss Ainsworth were 460 and Miss Sturgeon were 365. There were 14 pies sold which brought \$15.50.

A play entitled "Mrs. Briggs of the Poultry Yard," was given by the older pupils. It created much laughter and amusement among the company. Players

were Miss Ruby Hughes as Mrs. Briggs, a very poor widow; Charles Hughes, James Riley as Ralph and Jimmy Briggs, her sons; Misses Beulah Walker and Mabel Gahagen as Melissa and Alvira Briggs, her daughters; Pink Rankin as Silas Green, a relative; Miss Winnie Walker, her cook; Charley Collins as Mr. Lee, a very wealthy gentleman; Miss Ruby Gahagen was Virginia Lee, his daughter, and Miss Lillian Bennett, as her friend. Miss Ruby Sturgeon played Mrs. O'Connor, an Irish woman who had no liking for goats. The play was directed by Miss Juliet Pope, their teacher.

Hurrah for Weston, she is climbing higher every year. We are all proud of our

school boys and girls and also our teacher.

Chapel School Green's News

Some of the Green's Chapel pupils have joined the corn club, some joined the canning club and others joined the pig club. They have also joined the Liberty Bell Bird Club, and their motto is Protect our feathered friends. How's that for a school of not more than a dozen pupils.

The pupils have planted four maple trees in their school vard. They gave the trees the following names: George Washington, Abraham Lincoln, Thomas Jefferson and Benjamin Franklin.

**REDNECK RUMBLE** INDOOR **DEMOLITION DERBY** Saturday, January 29, 2011 **UNION COUNTY FAIRGROUNDS** 125 Pryor Blvd., Sturgis, KY 42459 Mad Dog Trophy Awarded To Each Class COMPACT CAR PAYOUT Feature Winner......\$500.00 Entry Feature Winner..... **BIG CAR PAYOUT** .\$1,200.00

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Pit inspection starts at 11:00 a.m. • Pit inspection will close at 4:30 p.m.

## FIRST HEAT WILL START AT 5:00 P.M.

ADMISSION: \$10 Adults • \$5 Kids 6-12 • 5 & Under Free

For information contact Union County Fair, Inc. at 270-333-4107

or H&J Demos (Hank) 812-457-4608 or (Jim) 812-624-0110 2011 Rules and Regulations Strictly Enforced Rules can be viewed by going to www.handjmotorsports.com

COMMUNITY COLLEGE Mining Class Begins Feb. 7

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madisonville.kctcs.edu

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# The Press Sports

## BASKETBALL

### **FIFTH DISTRICT**

#### Girls basketball league standings\*

	District	Overall
Crittenden County	8-0	13-3
Livingston Central	3-4	9-7
Lyon County	4-4	9-5
Trigg County	0-7	5-14
*As of Monday night		

#### Girls All 'A' Classic schedule Opening round, Wednesday, Feb. 2

All times are Central Standard ·Washington Co. vs. O'boro Catholic, 7:30 a.m.

·Christian Academy-L'ville vs. Region 14. 9 a.m.

•L'ville Holy Cross vs. Harlan, 10:30 •Lexington Christian vs. Crittenden Co., 12 p.m.

•Saint Patrick vs. Newport Central Catholic, 4 p.m.

·Walton-Verona vs. Danville, 5:30 p.m. •Monroe Co. vs. West Carter, 7 p.m. ·Sheldon Clark vs. Ballard Memorial, 8:30 p.m.

Quarterfinal rounds, Friday, Feb. 4

•7:30 a.m.

•9 a.m. •10:30 a.m.

•12 p.m.

Semifinal rounds, Saturday, Feb. 5 •9 a.m.

\*10:30 a.m.

Championship round, Sunday, Feb. 6 •11:30 a.m.

#### Upcoming games

Friday

Boys host McLean County, 6 p.m. Saturday

Boys host Caldwell County, 4:30 p.m. Girls at Paducah Tilghman, 4 p.m. Tuesdav

Boys at Hopkins Central, 6 p.m.

#### Stat leaders for western Kentucky

According to The Paducah Sun, the Lady Rockets had several players that are statistical leaders during the week of Jan. 21 in western Kentucky. They are: Scoring average:

Jessi Hodge, 6th (16.8); Laken Tabor, 16th (12.7)

#### Rebounding average:

Whitney Johnson, 4th (8.3) Assists:

Hodge, 4 (4.5) Field goal shooting:

Tabor, 15 (48.3 percent); Hodge, 19 (47.1 percent) Free throw shooting: Bailey Brown, 5th (75 percent);

Hodge, 15th (68.5 percent) Three-point shooting: Tabor, 4th (38.9 percent)

#### Akridge reaches 1,000 points Olivia Akridge, a senior at Transyl-

vania University, hit just over 1,000

# Girls going back to 'A' state **BY CHRIS HARDESTY**

PRESS SPORTS WRITER The Lady Rockets continued to have Lyon County's number in the Class A Second Region Title game, improving to 3-0 against them, and winning 54-41 Monday night. The win marks the program's fifth title since 1998, matching Webster County for the most in the Second Region.

Behind a solid defensive effort, Crittenden jumped out to a 7-2 lead in the opening quarter.

Missed layups proved to be a bugaboo for the Lady Lyons all night as they missed 11, several occurring in the opening eight minutes.

Back-to-back layups by Lady Rocket low post players Whitney Johnson and Mary Mattingly put their team up 21-6 with five minutes left in the first half as they continually took advantage of getting out and running in transition.

The Lady Lyons went on a severe scoring drought during the second quarter, not tallying a point as they trailed 23-

A pair of Bailey Brown free throws and another layup from Johnson stretched the advantage to 27-10 and the hosts continued to be in firm control of the contest.

Leading 30-10 entering the second half, Crittenden senior center Summer Courtney connected for an old-fashioned three-pointer to give her team their biggest lead of the night.

Desperate to start making a dent in the deficit in order to have a shot at a comeback, the Lady Lyons shot off six unanswered points to make it 33-16 with just under six minutes to play in the third period.

But Lyon failed to make a serious push, and a trey from Brown with less than two minutes remaining in the quarter doubled the score at 40-20.

Johnson, who was playing with the flu in the championship game, still gave a gutsy effort and put the hosts up 45-27 on a short jumper to begin the fourth quarter.

One of the few things Crittenden did not do well was take care of the basketball, as they committed 15 turnovers in the win. Some of those occurred in the fourth quarter and helped the Lady Lyons run off nine unanswered points to whittle the deficit to 45-36 with four minutes left to play. It was the first time they had been able to get the deficit below 10 since early in the second quarter as they tried to make a comeback. The Lady Rockets would not be denied as they ran off five unanswered points of their own, capped by a fastbreak layup by Laken Tabor to take a comfortable 50-36 lead.

Advanced tickets for the Girls All A Classic are now available for \$8. Game-day tickets are \$10 at the door. Tickets can be purchased at the Crittenden County High School.

scoring 22 points, no other Lyon tallied more than seven in the setback.

"We played tremendous defense in the first half," Lady Rocket coach Shannon Hodge said after the game.

She was glad that they were able to get West and Riggs, who have both recorded 1,000 points in their varsity careers this season, in foul trouble.

Hodge praised the performance of freshman guard Bailey Brown, who scored 10 points and went 4-of-5 from the free throw line in the title win.

"Bailey doesn't play like a freshman," she said.

Hodge also appreciated the fact that Johnson gave 100 percent effort, despite being sick.

While being able to capture another Class A Regional crown Monday night, the Lady Rocket skipper wants her team to cut down on the 15 turnovers they committed.

'We just didn't handle the ball very well," she said.

After owning a 16-point cushion entering the fourth quarter, she was not surprised that Lyon made a push cutting it down to nine with just over four minutes left.

"They gave us all we wanted twice," she said, referring to the regular season meetings against them.

Crittenden will face 11th Region champion Lexington Christian next Wednesday at Eastern Kentucky University in Richmond.

"We've just gotta go play," Hodge said.

#### Lady Rockets barely pull a win over Livingston County

The old adage of it being hard to beat a team three times in one season proved true again last Saturday as the Lady Rockets narrowly escaped in the Class "A" Second Region semifinals, holding on to defeat Fifth District archrival Livingston Central 56-53.



The Lady Rockets varsity team poses with its All "A" trophy after defeating Lyon County 54-41, making it the third win against the same team this year.

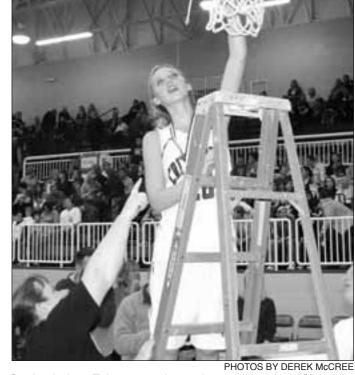


a defender in the championship game.

fastbreak layup.

The Lady Rockets have won five in a row and are still a perfect 11-0 in Second Region play.

Girls lose first in Second For the first time this sea-



Senior Laken Tabor cuts down the net as coach Shannon Hodge directs the post-game celebratory tradition.

Trailing 43-33 in the fourth quarter, the Lady Rockets employed a full-court press which produced two straight

trimmed it to six. An old-

fashioned three-pointer by

Laken Tabor with 2:08 left

made it even more interest-

failed to crack and held to

four nights, coupled with the

hottest teams in the Second

would be a very tough game.

split the season series.

lavups. as

"We knew it would be an emotional game," she said. "Union County played a good ballgame. We just didn't steals and Jessi Hodge handle things very well," she Crittenden said. Leaving Marion in November with an 11-point setback was a motivational factor for Union County, said Lady ing, cutting it to 44-40. But Bravette coach Mary Beth the veteran Lady Bravettes Parker. "We knew we were a better basketball team than that." Playing their third game in she said. She pointed to winning the Bravettes being one of the battle of the boards by 12 and going 16-of-19 at the free throw line as huge reasons Region, Lady Rocket coach Shannon Hodge knew it for settling the score. Happy with the win, Parker still lists Crittenden as one of the better teams in the Second Region. "There are about eight teams that could win the region," Parker said.

points last week in her college basketball career.

Totaling 1,004 points, Akridge becomes the 15th Pioneer female player ever to reach 1,000



points. A former Lyon County standout,

Akridge is the daughter of Paul and Jill Akridge and the granddaughter of Dean and Nona Akridge, all of Lyon County.

## TRACK

#### Track practice to begin in February

Track practice will start on Feb. 15 for seventh- and eighth-grade students. Physical forms can be picked up at the Crittenden County Middle School office.

## SOFTBALL

#### Practice begins Feb. 15 Softball practice will start on Feb.

15 for eighth grade only. Physical forms can be picked up at the Crittenden County Middle School office.

#### Softball umpires needed

Anyone interested in umpiring second region fast pitch softball should contact Del Brantley at 836-0649.

## BASEBALL

Dugout meeting The Crittenden County Dugout Club will have a meeting at 6:30 p.m., Tuesday, at the Lion's Club building.

While Lyon guard Allison West attempted to carry her team throughout the game

After being defeated by an average of 25.5 points in the two meetings against the Lady Rockets this season, the visiting Lady Cardinals were eager to show that they could compete against them.

Lady Rocket senior forward Whitney Johnson (10 points, six rebounds and two blocks) put her squad on top 3-0 with a trey in the first period.

After being knotted at 6all, the Lady Rockets ran off four unanswered points, taking a 10-6 lead after a Lady Cardinal turnover led to a

son, the Lady Rockets tasted defeat in Second Region play, falling at Union County (14-5) 51-42 Tuesday night.

With the win, the Bravettes avenged a 52-41 setback against the Lady Rockets back in November, and ran off their eighth straight win. Crittenden is now 13-4.

After the game was tied four times in the first half with the last one being at 18all Union took the lead at 21-18 at the 3:01 mark of the second quarter and never trailed again the rest of the way.

Young Lady Rockets 7-0

Crittenden County's fifth- and sixth-grade traveling girls' basketball team won two games Saturday at Marion, beating South Livingston and North Livingston. The young Lady Rockets are now 7-0. Cassidy Moss scored 17 of Crittenden's 21 points in a onepoint comeback win over South Livingston. She also made a foul shot to complete a three-point play with 11 seconds left to seal the win. Francesca Pierce and Terianna Johnson had two points apiece. Pierce was the leading scorer with 10 points in a 25-8 win over North Livingston. Moss had seven in that game. Madison Champion had three, Meredith Evans and Madison O'Dell two each and Mauri Collins had one.

Pictured are (front from left) Mauri Collins, Francesca Pierce, Chaylee Wolf, Alexis Tabor, Madison O'Dell, (back) Cassidy Moss, Courtney Beverly, Meredith Evans, Kiana Nesbitt, Terianna Johnson, Madison Champion and coach Denis Hodge.

#### Union 51, Crittenden 42 Crittenden 12 23 28 42 Union Co. 10 25 41 51

Crittenden - Hodge 15, Tabor 16 Brown 4, Mattingly 4, Johnson 2, Court-ney 1, Leidecker, Head. FG. 9. 3-pointers 5 (Tabor 3, Hodge 2). FT. 9-14. Fouls 22. Union - Hodge 18, Dayberry 7, Hous-ton 6, Buchanan 4, Chambliss 4, Sprague 11, Davis 1, Wright. FG. 17. 3-pointers 1 (Hodge). FT. 16-19. Fouls 17.

Crittenden 64, Lyon 53 Crittenden 9 24 44 12 19 34 64 53 Lyon Crittenden - Hodge 28, Brown 9, Tabor 9 Johnson 9, Courtney 2, Mattingly 7, Lei-decker, Head, Binkley, Collins. FG. 22. 3pointers 1 (Tabor). FT. 17-28. Fouls 14. Lyon - Riggs 25, West 16, P'Poole 4, McGill 2, Springs 2, Bridges 2, Claxton 2, Trimm, Z., Trimm, N., White, Wadlington, York. FG. 17. 3-pointers 3 (Riggs 2, West). FT. 10-14 Fouls 23.

## Class A Second Region Tournament Crittenden 54, Lyon 41

Crittenden 14 30 43 Lyon 6 10 27 41 Crittenden - Hodge 12, Brown 10, Tabor 8, Johnson 9, Courtney 8, Mattingly 7, Collins, Head. FG. 15. 3-pointers 3 (Brown 2, Tabor). FT. 15-22. Fouls 15. Lyon - West 22, P'Poole 6, Riggs 7, McGill 2, Springs 2, Claxton 2, Bridges. FG. 12. 3-pointers 3 (West 3). FT. 8-12. Fouls 19.

**Class A Second Region Tournament** Crittenden 56, Livingston Central 53 Crittenden 12 26 35 Livingston 8 15 32 53 Crittenden - Hodge 13, Tabor 13, Johnson 10, Courtney 11, Brown 9, Mattingly. FG. 15. 3-pointers 4 (Hodge 2, Brown, Tabor). FT. 14-23. Fouls 19.

Livingston - Sloma, A. 27, Lampley 15, Kirkham 8, Smith 2, Kitchens 1, Brooks, Mitchell, Croft, Sloma, M., Head, Gilbert. FG. 12. 3-pointers 5 (A. Sloma 3, Kirkham 2). FT. 14-22. Fouls 21.



## Jessi Hodge

in the All "A" finals Monday night, with 12 points, six rebounds and four assists. She also was a leading scorer in last week's game against Livingston Central.



## Whitney

Senior Even though playing with the flu, Johnson was able to rack in nine points and eight rebounds, giving what Coach Shannon Hodge said was "100 percent effort," during Monday's game.





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Senior Hodge led in scoring

# Johnson

# hePressClassifieds

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All phone numbers listed for ads on this page are within the 270 area code unless otherwise noted

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## notices

#### Legal Notice

Notice is hereby given that on January 12, 2011 Deanna Froman of 3837 Mahogany Bend Drive, Naples, FL 34114 was appointed Executrix with Will annexed of Dean B. Thomas, deceased, whose address was 2638 Wilson Farm Rd, Marion, KY 42064. Hon. Rebecca J. Johnson P.O. Box 314 Marion, KY 42064 agent for service of process.

All persons having claims against said estate are hereby notified to present the same properly proven as required by law to the Agent for Process with will annexed on or before the 12th day of July, 2011 and all claims not so proven and presented by that date shall be forever barred.

All persons indebted to the estate of the above-named decedent, will please call and settle said debts immediately

CRITTENDEN DISTRICT COURT MADELINE HENDERSON, CLERK

(1t-30-nc)

Legal Notice

I, Madeline Henderson, Clerk of Crittenden County District Court Marion, KY do certify that the following has filed notice of Final Settlement: Valada Joyce Robertson of 555 Tribune Tower Road, Marion, KY Executrix of Richard A. Vaughn, Deceased.

The foregoing Settlement is to be heard at the regular session of Crittenden District Court on February 9. 2011. All persons having exceptions to said Settlements are to file same at once

CRITTENDEN DISTRICT COURT MADELINE HENDERSON, CLERK

(1t-30-c)1500

#### Legal Notice

I, Madeline Henderson, Clerk of Crittenden County District Court Marion, KY do certify that the following has filed notice of Final Settlement: Faye Stinnett of 202 Stinnett Road, Fredonia, KY 42411 Executrix of Phillip N. Jones of 2758 S.R. 902 Marion, KY 42064 Deceased.

The foregoing Settlement is to be heard at the regular session of Crit-



**Storm Shelters** 

tenden District Court on February 23, 2011. All persons having exceptions to said Settlements are to file same at once

CRITTENDEN DISTRICT COURT MADELINE HENDERSON, CLERK

(1t-30-c)1500

Legal Notice

Notice is hereby given that on December 22, 2010 Robert Walter Johnson of 8022 Hwy. 70S, Nashville, TN 37221 and June Johnson Robinette of 434 Westerfield Way, Lexington, Ky. 40503 were appointed Co-Executors with Will annexed of Mariorie Choate Johnson. deceased, whose address was 2025 Oleander Drive, Lexington, KY 40504.

All persons having claims against said estate are hereby notified to present the same properly proven as required by law to the Co-Executors with will annexed on or before the 22nd day of June, 2011 and all claims not so proven and presented by that date shall be forever barred.

All persons indebted to the estate of the above-named decedent, will please call and settle said debts immediately.

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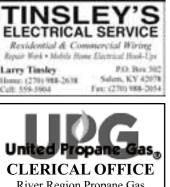
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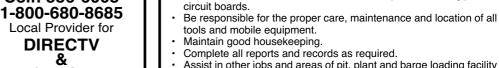
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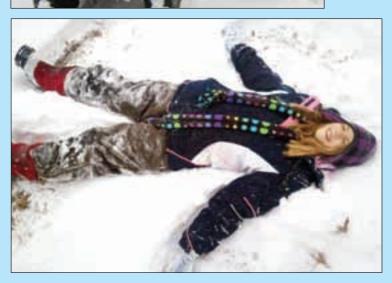


## **Snowfall makes for fun and games**









Above, Travis Kinnis, 11, and Keifer, 6, and Alex Marshall, 9, enjoy a snow day off from school Friday as they sled across Kinnis' yard on College Street. Pictured at right from top down are Doug Campbell and his son Che throwing snowballs; seven-year-old Mary Perryman and her dog Hershey enjoying a romp in the snow; and Shea Martin making a snow angel.



Quilt blocks are becoming common throughout Kentucky's rural landscape because of a statewide project through the Kentucky Department of Agriculture. The newest decorative block went up last week on Virginia McDowell's carport in Mattoon.

## Marion PD develops leads from phone survey

STAFF REPORT

A phone survey by the Marion Police Department has identified some traffic issues and developed leads in what turn out to be criminal cases.

Marion Police Chief Ray O'Neal used court-ordered community service for manpower in the Jan. 13-15 telephone interviews with 240 residents. Phone numbers were selected at random. Although the focus was on citizens of the city, some county residents were inadvertently surveyed, too.

"It was a very productive project," said O'Neal. "For a while we had a community policing program, but since we've been down to just six officers, we haven't been able to do that. This was a way to put us back in touch with the people."

Callers asked respon-

dents about concerns and questions regarding traffic, criminal and other suspicious activity.

Results found that the police department's nighttime business check program remains popular among merchants. It also identified intersections at South College and Elm, and Cherry and Rochester streets as trouble spots. Respondents said motorists disregarding stop signs there is a big problem. The survey also identified speeding on North Yandall Street as an issue of concern.

"We also got some leads on a couple of places where suspicious activity has been recognized," O'Neal said. "We will be following up on those leads and focusing some patrols on areas where people had requests."

# Latest quilt block hung on McDowell carport in Mattoon

#### STAFF REPORT

The latest, local tourist attraction has gone up on a carport in rural Crittenden County.

Neil Decker, a representative of the Kentucky Department of Agriculture's Natural Resources Conservation Service, hung the county's third decorative, wooden quilt block last week on Virginia McDowell's outbuilding in Mattoon, next to the old school.

Painted quilt blocks started popping up on barns, outbuildings and public facilities a few years ago as a way for Kentucky to promote rural tourism. The idea was inspired by an Ohio artist, who put a painted block on her family's barn in honor of her mother who had been an avid quilter. The idea caught hold in eastern Kentucky then quickly spread across the state as counties sought to draw curious motorists off the beaten paths of four-lane highways.

The state's agriculture department got involved to help spur the effort forward. Crittenden County's FFA class has been helping by designing, constructing and painting the quilt blocks.

The quilt block on Mc-Dowell's garage is a "Mariner's Compass." The county's other two quilt blocks are a "Carpenter's Wheel" at Marion Inn at 2362 U.S. 641 and a "Barn

Subscribe to The Press by calling our office at (270) 965-3191 or visit us online at The-Press.com Lot and Trees" at Crittenden Farm Supply at 312 West Gum Street.

McDowell, who is sponsoring the newest block, learned to quilt from her grandmother when she was nine years old. Her husband, son-in-law and grandson were all Navy men, and at one time, she had quilted the Mariner's Compass design.

The quilt block is painted on a piece of Alucabond just larger than five foot square.

For more about the quilt block project or for an index of quilt blocks hanging on buildings throughout Kentucky, go online to http://www.quiltindex.org.



### Jail numbers

Here is a census of the Crittenden County Detention Center on Jan. 24, which denotes type of prisoners being held there:

Туре	Male	Female		
Federal	0	0		
State	68	9		
County	7	3		
Other	24	0		
Total	99	12		
Total Inmates 111				

•Last week, 37 jail work release inmates put in 1,628 hours of community service, saving the state and county approximately \$11,803 in wages at the current minimum wage of \$7.25 per hour.



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# **Documents preserve assets, outline wishes**

## Attorneys suggest close examination of personal assets

#### BY ALLISON EVANS ASSISTANT EDITOR

Wills, trusts and powers of attorney aren't something many people like to think about, but they are elements of comprehensive estate planning that can ease the mind of adults before they die and ease the burden on the deceased's loved ones.

Estate planning can be done at any age, and can be equally beneficial for married couples with young child and older couples wishing to plan for the dispersal of their assets.

Designating a power of attorney is the most important legal action under the umbrella of estate planning, explains Bart Frazer, a Marion attorney.

"If you are in a position where vou are not able to take care of your business, it allows a relative or someone you trust to do that for you," Frazer explains. "Otherwise it would go to the court process,



He said in a lot of ways, the power of attorney designation is more important than a will.

Though a will ensures that the decedent's wishes are followed, a person's assets will be left to a spouse or children by virtue of Kentucky law.

"If you don't have a will and something happens to both parents, assets go to the children," Frazer said

time there is a significant change in one's life, including a marriage or divorce

Crittenden County Attorney Rebecca Johnson said each individual's circumstances should be closely examined when beginning estate planning, because every case is different. However, she agrees everyone needs a will and power of attorney.

"You may never

have in place, and if it is needed, it typically is needed right away," she said.

Marion attorney Alan Stout advises many of his clients regarding Medicaid-related issues when a loved one is being admitted to a nursing home.

Johnson, as well, said changes to Medicaid affects a person's estate.

"What is important is when someone wishes to preserve an asset in their estate, for instance when a child or grandchild uses the property for farming.

'Medicaid is stricter and stricter when dealing with recovering money from the estate of the decedent. In the past, we were able to preserve a big part of the estate – a home or farm – but that changed with a five-year look-back period. Now any assets that you attempt to transfer out of your name can be pulled back into the estate and qualify for Medicaid.

Johnson said proper planning in a person's 50s or 60s can be important, especially with the cost of long-term care. In 2009, the national average cost of a semi-private room in a nursing home was \$198/day.

Stout said part of the compre-



## **Elements of Pre-planning**

Last will and testament: Tells exactly where you want your assets distributed when you die.

Power of Attorney: Gives authority for a designee to act on your behalf for legal or financial matters.

**Designation of a Health Care** 

Surrogate: Appointed to make healthcare decisions when unable to make them yourself.

Living Will: Makes wishes known regarding life prolonging medical treatments. Also known as advanced directive.

offers his clients is an important review to examine how assets are titled.

which is time consuming and expensive and requires a jury trial.'

A will should be updated any attorney, but it is an instrument to hensive estate planning package he

# Tips offered to retirees in an uncertain economy



## Many seniors today choose to postpone their retirement

(StatePoint) With the dust finally settling around the nation's economic crisis, baby boomers are taking stock to see if their retirement plans need revising.

There are many ways to adjust to today's economic uncertainty: from working longer to changing investment strategies or living situations.

The shocking news for many is that some of their safety nets may no longer be viable.

Declining real estate values mean many can't turn to homes for money. Tumult in financial markets resulted in declines in 401K plans. And some experts say Social Security may not be there when needed most by the baby boom generation.

For the second consecutive year, Social Security benefits didn't rise, something which hasn't happened in over 75 years. What's worse is, beginning in 2016, payroll tax revenue will be insufficient to pay full Social Security benefits, according to Allen W. Smith, a retired economics professor and author of the

new book, "The Looting of Social Security '

"A pledge in the 1980s to only spend Social Security funds on benefits was broken by every presidential administration since. Money earmarked for seniors was diverted into the government's general fund and used for whatever politicians chose to spend it on," says Smith, whose high school textbook on economics was used by 600 schools nationwide.

"Approximately \$2.6 trillion of Social Security revenue that was supposed to be saved and invested for paying benefits to baby boomers, was instead spent for other things and replaced with non-marketable government IOUs," he stresses.

According to Smith, these IOUs represent only a claim against future government revenue. They have no monetary value, until and unless the government raises the money through future tax increases or borrowing to repay the missing money.

Against this backdrop, many are altering retirement plans:

•Keep Working: Some seniors are now planning to stay on the job longer. Many who are physically able to work longer are postponing retirement until the future becomes clearer, because they know

that once they retire, they may be unable to re-enter the workforce given today's high unemployment.

•New Priorities: Many are shifting investment plans to ensure the money they need within five years of retirement is safe in low-risk investments, like fixed-income funds. This can help them endure shortterm market drops while the money they need later grows in more aggressive investments.

•Belt Tightening: Many who are approaching retirement age are cutting back on spending and putting more into savings, in case their Social Security benefits get cut. Practicing austerity, and wisely investing the money that is saved, is one of the most viable options for seniors.

With Social Security benefits accounting for nearly 40 percent of average income for retirees over 65, Smith is advising seniors to exercise caution in their financial decisions.

Purchases that can be delayed probably should be delayed, and for those still in good health, working a little longer than planned could make a big difference in quality of life when they do retire. For more on the Social Security crisis, read "The Looting of Social Security."

## Early detection increases success of treating eye diseases

Eat fewer sweets. Watch less television. Quit smoking - the New Year's resolutions people choose often require them to subtract something from their routine.

"We encourage you to add something to the list of resolutions," said Adria Porter, a Marion optometrist. "Schedule an eye exam, because comprehensive eye exams ensure that patients can see clearly and comfortably. But an eye exam also assures that no adverse vision conditions are present.

Porter em phasizes the importance of regular care in the case of agerelated macular degeneration. "No

toms or pain are present in the progression of this disease,

and vision loss is gradual. By the time a patient learns he or she has AMD, the vision they've lost cannot be restored."

When a vision condition is found, early detection provides the best opportunity for treating, and in some cases, slowing the progression of the disease.

AMD, the leading cause of blindness in the United States, is caused by deterioration of certain cells in the macula, a portion of the retina located at the back of the eye that is responsible for clear, sharp vision. AMD is high among Caucasians age 65-71 (11 percent), and women tend to get the disease more than men. Porter said.

It is uncertain what causes AMD, but it may be attributed to a lack of certain vitamins and minerals to the retina; circulation breakdown to the retina; excessive levels of cholesterol or sugar in the diet; hypertension; excessive exposure to ultraviolet light; and heredity.

Certain deep green and dark yellow or orange fruits and vegetables, such as spinach, cantaloupe, mango, acorn or butternut squash and sweet potatoes may help prevent or slow the progression of AMD.

"Because we rely on our vision for so many things, eye health is too important to overlook," Porter said. "Adding an eye exam to your regular healthcare regimen is one resolution that's easy to accomplish."



# **Avoid falls with easy precautions**

Falls are a common everyday event that many of us experience. While minor slips and falls may be inconvenient or cause temporary discomfort, some falls can lead to serious injuries or even death. We often downplay our falls, blaming them on our own clumsiness or error. But falls are not just the result of getting older; falls are usually caused by a number of things.

You can reduce your chances of falling by following these four easy tips: Begin an exercise program

Exercise is one of the most important ways to reduce your chances of falling. It makes you stronger and helps you feel better. Exercises that improve balance and coordination are the most helpful.

Lack of exercise leads to weakness and increases your chance of falling.

Ask your doctor or health care worker about the best type of exercise for you.

#### Make your home safer

About half of all falls happen at home. To make your home more safe:

•Remove things you can trip over (such as papers, books, clothes and shoes) from stairs or places where you walk.

•Remove small throw rugs or use double-sided tape to keep the rugs from



#### slipping

•Keep items you use often in cabinets you can reach easily without using a step stool.

•Have grab bars installed next to your toilet, tub or shower.

•Use non-slip mats in the bathtub and on shower floors.

•Improve the lighting in your home. As you get older, you need brighter bulbs to see well. Lampshades or frosted bulbs can reduce glare.

•Have handrails and lights put on all staircases.

•Wear shoes that give good support and have non-skid soles. Avoid wearing slippers and athletic shoes with deep treads.

#### Have your medicines reviewed

Have your doctor or pharmacist look at all the medicines you take, including ones that do not need prescriptions, such as cold medicines. As you get older, the way some medicines work in your body can change. Some medicines, or combinations of medicines, can make you drowsy or light-headed, which can lead to a fall.

#### Have your vision checked

Have your eyes checked by an optometrist. You may be wearing the wrong glasses or have a condition such as glaucoma or cataracts that limits your vision. Poor vision can increase your chances of falling.



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# Act now to maximize social security benefits

retiring? After a lifetime of hard work and income tax. you probably want to get the most out of your social security dollars.

Fortunately, social security is flexible enough to accommodate different circumstances. And knowing your different options is the first step to finding what plan will work best for you and your family

#### What To Consider

The first step you'll need to take in order to make an informed decision is to find out how much money you'll receive in a couple of different scenarios. Your benefits will vary not only according to your age and salary, but also depending on whether you start collecting early, collect while working, receive spousal payments, or suspend your payments until vou're 70

You also want to consider your overall health and other

(StatePoint) Thinking of retirement or pension plans you have. To learn about the different options available to you, visit the Social Security Administration (SSA) at www.socialsecurity.gov and use the online calculator. **Collecting Early Tactics** 

While the full retirement age for most Americans is 67, most are eligible to start collecting early at age 62. And while you can continue working while collecting, vour benefits may be re-

duced by up to 30 percent. Some of your benefits can be withheld if you have extra earnings, but after you reach the full retirement age, the SSA will recalculate your benefit amount to give you credit for any months for which you did not receive benefits. In this tough economy, collecting early may be a desirable option for seniors unable to find work but still able and willing to work in the future.

#### **Double Team Delay**

If both you and your spouse are at full retirement age, you can choose to collect benefits off your spouse's account (usually around 50 percent of his or her monthly payment) while letting your account accrue additional benefits. Benefits can be accrued until age 70, increasing your eventual payments by 6 to 8 percent a year.

Regardless of whether you do decide to delay your benefits or collect, it's important you sign up for Medicare at age 65. Not doing so can cause your Medicare coverage to be delayed or cost more when you do need it.

Obviously, there's no onesize-fits-all solution to maximizing your social security benefits, so consult a financial advisor or speak to an SSA representative by calling 1-800-772-1213 or visiting www.socialsecurity.gov.



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## Traveling during off-season, planning ahead will save money

Traveling alone can be a pleasure or a pain – it all depends on how well you plan and your attitude on your journey.

No matter if you are embarking on an adventurous vacation to meet new people, or if you've been sent on a business trip, there are many ways to make your travels run smoothly and stay safe.

"Traveling alone is a great opportunity to do exactly what you

want, when you want to do it. You can stay where you want, eat where you want and set your own agenda," says travel expert, Katherine Chloe Cahoon, author of the new book, "The Single Girl's Guide to Meeting European Men." "Have you ever wanted to take a

trip, but your best friend or significant other just wanted to sit on the couch, eat potato chips and stare at the TV? Don't let them

Lighting The Path To Better Health,

drag you into this trap! Go it alone if you must," urges Cahoon, whose new book mixes international travel stories with dating tips and a guide to 20 European countries. Here are some of her tips for solo

travelers: Save Money

•Check Early and Often: Check airplane ticket and discount travel agency Web sites daily for a while before purchasing plane tickets, as prices often change with no notice and this can save you hundreds.

•Ask for a Refrigerator: When booking your hotel ask if it has a refrigerator guests can use or if one can be placed in your room. Buying your own food at the market saves cash.

•Hit Bargain Season: Travel during the off-season to save money. For example, fall is usually the most economical season to sched-

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ule a European vacation. **Be Safe** 

•Plan Wisely: Always research and background check your route and destination. Choose places to stay and visit that have a reputation for being friendly and safe. Once you are there, be vigilant.

A successful solo trip is all about getting out, being adventurous and meeting new people, Cahoon says.

## WISHES

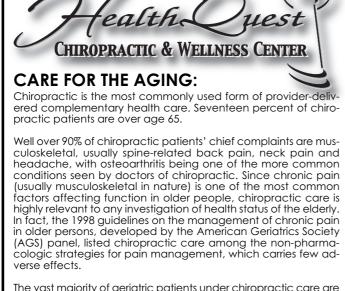
"Bank accounts, real estate and investment accounts should all be carefully examined," he said. "It is not uncommon that assets are not titled as clients thought they were. If assets are not properly titled, then the goals of the estate planning documents may be thwarted.

"Also, a careful review of insurance policies will make sure the beneficiary designation is right. A part of insurance analysis now involves consideration of long-term care insurance."

Johnson said more and more people are recognizing the importance of estate planning, oftentimes after they've had an experience with a family member or friend who did not have proper estate planning.

Both attorneys encourage young couples who have children to outline their wishes for guardianship should something happen to both parents.

Johnson said choosing an executor or executrix to handle your estate is also an important decision.



The vast majority of geriatric patients under chiropractic care are receiving health promotion and prevention recommendations about physical activities, nutrition and injury prevention. The patients who received chiropractic care in addition to traditional medical services in the long-term care setting had fewer hospitalizations and used fewer medications than patients receiving medical care only.

Source: American Chiropractic Association

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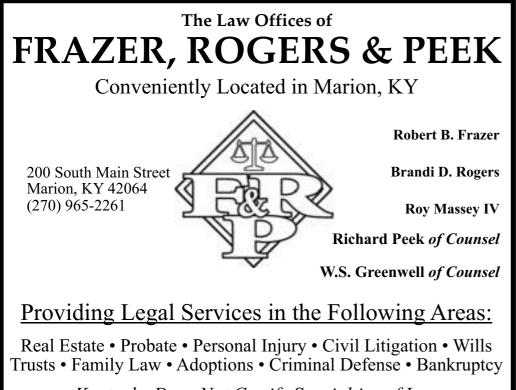
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# Make your home senior-friendly

Baby Boomers are on the edge of retirement, and many are hoping to stay in their own homes as they age. For this group, now is the time to remodel or tweak potentially dangerous areas in the home - such as the kitchen and bathroom - to ensure they are easy to navigate and won't present safety hazards later in life.

"There are a few simple changes homeowners can implement over time without breaking the bank - to make their homes secure for later years, says Eric McRoberts, head of the American Institute of Architects' Design for Aging committee. "And you don't have to sacrifice style.

#### **Eliminate Hazards**

One of the most difficult parts of aging in place is determining what will be dangerous later in life. You can start by canvassing your home for uneven floor surfaces, steps and doors that open into small spaces, like closets or bathrooms. Imagine navigating these areas when you have limited mobility or even a walker, and you will begin to see where difficulties may occur.

There are solutions to help. For ex-

(StatePoint) More than 70 million ample, if your home contains both carpet and hardwood flooring, install transition strips to tack down places where these surfaces meet. Also, replace swinging doors with pocket doors, which pull out from the wall, allowing more room to navigate and privacy when needed.

McRoberts also recommends adopting European-style shower designs, where the shower is separated from the rest of the bathroom only by a small rubber curb. Eliminating steps into tubs reduces the possibility of slips and falls

#### All Within Reach

At older ages, certain motions (like reaching up or bending down) can put unnecessary stress on joints and cause injury. To mitigate this risk, McRoberts suggests adopting universal design -small design adjustments and basic retrofits that make everything in a room easily accessible.

For example, turn cabinets into drawers. An architect can help in designing a facade that still looks like a cabinet door, but actually has shelves that slide out, eliminating the need to reach inside. Or consider raising or

lowering shelves, eradicating the need to bend and stretch.

Similarly, putting appliances like front-loading washers and dryers on one, easy-to-reach level will reduce risks. McRoberts advises that an architect can help devise solutions, such as putting appliances on pedestals, to keep everything at one level. **Research Green Design** 

While not an overt safety measure, greening" your home saves money, a definite plus for retirees living on a fixed budget.

While solar panel installation may not be an option for everyone, simpler solutions, such as ensuring all windows are properly sealed, will minimize heating and cooling costs. Landscaping may also help. Thoughtful placement of shady trees and wind-reducing shrubs can naturally help regulate indoor temperatures.

To find an architect who can help you make your home senior friendly, visit ArchitectFinder.aia.org.

With a few smart design moves, you can make life easier and help ensure your good health so you can enjoy the important things in life.



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## Minor fixes translate into energy savings

(StatePoint) We all know we need to conserve energy, cut fuel bills, and reduce our carbon footprint, but sometimes it seems that doing good can cost you a bundle especially when it comes to environmentally-friendly home improvements.

Going green doesn't have to mean losing green. Doing so now can save you cash, particularly on electric bills.

"With a little know-how and some affordable products, you can create a home that uses energy efficiently and saves you money," says Mei Noguchi, President of Sentina, a company that manufactures cost-effective LED lighting solutions.

It's easy to get started:

 Look for Stars: Home appliances can look alike, but they often vary greatly in energy use. Look for appliances marked with an Energy Star, the federal government's label for energy efficient appliances. And read the yellow and black Energy Guide sticker, which has an energy efficiency rating. The lower the number, the more energy and money you'll save.

•Light the Way: Whether indoor or outdoor, LED lights can light a walkway for pennies a day. Formerly limited to traffic lights and airplane emergency exit routes, LED lights now combine efficiency with aesthetics for home kitchens, bathrooms,



hallways, bedrooms and patios. Check out SentinaSmart.com, maker of the ZenLight, which combines Japanese Shoji Paper and LED lighting to create a soothing, peaceful glow. These lights are especially useful as hallway nightlights or bathroom or kitchen accents and can be purchased for less than \$50.00.

•Sense It: Whether you're lighting your home or backyard, motion and photosensors go a long way to help reduce electricity costs. Consider outfitting indoor lightwith photosensors, ing which automatically turn on lamps at dusk. Motion detectors, meanwhile, are great

for indoor and outdoor use. Look for wall plug-in versions that can double as emergency lighting during power outages.

•Strip Wisely: Nowadays, every home office or entertainment room is outfitted with power strips for multiple electronics and toys. Don't forget the most costsaving measure about power strips: you can turn them off or unplug them when appliances aren't in use. The really energy-conscious should consider strips with displays, such as the Energy Monitoring Power Strip from Fujitsu, which shows how much energy you're using.

•Free Change: Changing

cash in your pocket. There are many ways to alter your habits to save electricity, including running only full loads of laundry, not using the heat dry on the dishwasher, and turning down the temperature on your water heater. For more tips, visit the

your behavior also will keep

Energy Information Administration at www.eia.gov.

"Many homeowners we talk with think that going green is an all or nothing decision. It doesn't have to be," says Noguchi, "For as little as \$50, consumers can begin the process with energy efficient home lighting solutions that simply plug in to standard outlets.

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# **Medicare alternative to seniors' health plans**

Source: AARP

Beginning in 2011, one boomer will turn 65 every eight seconds. That means more than 70 million people will become eligible for Medicare in the next two decades.

Yes, Medicare — the health insurance program run by the federal government for people 65 and older, which not too long ago you may have thought of as being for "old people," to the extent that you thought of it at all.

If so, that's past, and it's time to move on.

In fact, Medicare can be a very welcome 65th birthday present, especially if you take time to understand the different parts of the Medicare program and the wealth of health care resources they can provide you.

Use this AARP guide as an introduction to this new chapter of your life. (We promise that by the end of our tour you will understand the difference between Medicare Parts A, B, C and D.) For a deeper dive into Medicare, follow the links to additional resources and tips. But first things first: What is Medicare?

Medicare is a federal health insurance program for those 65 and older. It was signed into law by President Lyndon B. Johnson in July 1965 as a way to help older adults pay their medical expenses. (Medicaid, the federally run health insurance program for low-income people, was created at the same

## Medicare consists of several plans or "parts":

• Parts A and B are often referred to as Original, or Traditional, Medicare. Part A helps pay your hospital bills, and most people have paid for their Part A premiums through payroll taxes while working. Part B helps pay for doctor visits and other medical services, including screenings for heart disease, diabetes and some types of cancer.

• **Part C** plans, also known as Medicare Advantage plans, are Medicare-approved plans offered by private insurance companies. Part C plans are an alternative to Original Medicare. Along with covering doctors and hospitals, they often cover prescription drugs, too.

• **Part D** plans are Medicare-approved private plans that help people who have Parts A and B to pay for prescription drugs.

#### time.)

#### Your Other Health Plans

If you're 65 or older and are still covered by a group health plan through your spouse or employer, or through a retiree, union or private plan, you might not need Medicare right away, or you may just need to sign up for only one part of it (typically, Part A).

Your health care resources over and above those available through Medicare will have a major impact on how you use Medicare and how much you will pay for the benefits Medicare offers.

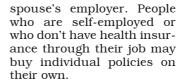
Before making a decision whether or not to use Medicare, or making changes to any of your nonMedicare health care coverage, find out how your decisions will affect your overall health insurance portfolio.

Medicare and/or your insurer or benefits manager at your employer or union can answer your questions – and it doesn't hurt to confirm answers by speaking with a second source. Never drop your private coverage without fully understanding the consequences. You may not be able to get it back!

For more information, see the Medicare publication: Medicare & You.

Over the years, Medicare has been expanded to provide coverage for some younger people with disabilities, and for people with end-stage kidney disease. In 2003, President George W. Bush established Medicare Part D, a program designed to help people with Medicare pay for their prescription drugs.

Before turning 65, most people get health insurance through group plans offered by their employer or their



When you turn 65, however, you'll likely be eligible for one of the largest group health plans in the world. Medicare can be used as your sole health insurance coverage or as companion or backup coverage to insurance you have through your employer, spouse, former employer or union.

Medicare pays for many health services, but it doesn't cover all of your health care costs. Even with Medicare, you will be paying some premiums, deductibles and copays.





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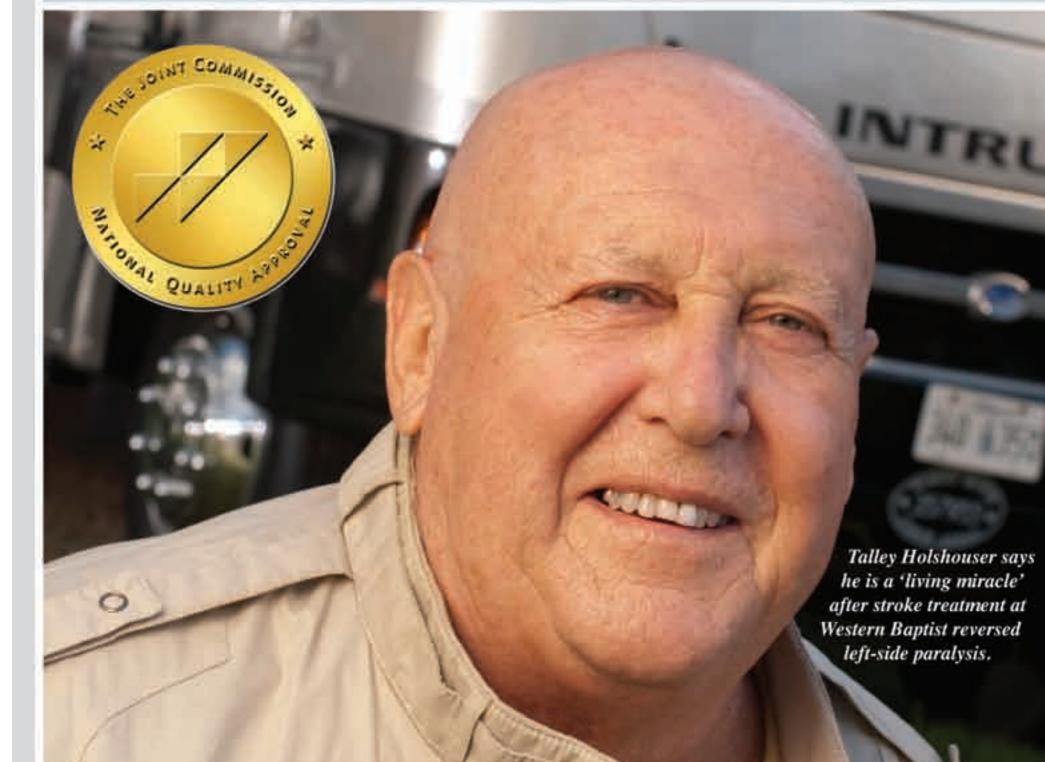
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## TO REMEMBER THE SIGNS OF STROKE, THINK:

F = FACE A = ARM S = SPEECH T = TIME

S

Try to smile. Does one side of the face droop? Raise both arms. Does one arm drift downward? Repeat a simple phrase. Is speech slurred or odd? If you see any of these signs, call 911 immediately.

# WESTERN BAPTIST HOSPITAL

Treating you well.

For help identifying stroke symptoms, talk to our nurse any time on the free Chest Pain & Stroke Hotline at 1-800-575-1911.

THE HOSPITAL OUR REGION PREFERS 2 TO